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MESSAGE TO CANADA 150

KEEPING THE TRUTH IN TRUTH AND RECONCILIATION

Changing the story from communities in crisis to celebrating resiliency

Road deaths reach highest in 13 years

TORONTO'S DEADLY STREETS

'Dramatic action' needed after 42 killed this year

Luke Simcoe
Metro | Toronto

The number of pedestrians killed on Toronto's streets has reached a 13-year high.

A woman was killed by a pickup truck driver Thursday afternoon at the intersection of Cosburn and Cedarvale avenues, becoming the 42nd pedestrian fatality of 2016.

Based on images from the scene, the woman appeared to be using a pedestrian crossing when she was hit around 1:40 p.m.

Police said she was rushed to hospital without vital signs. The driver remained on the scene.

With nearly a month remaining, 2016 has already become the deadliest year for pedestrians on Toronto roads since 2003.

"Since reaching a low of 18 deaths in 2011, pedestrian fatalities in Toronto have more than doubled in only five years," said pedestrian advocate and Walk Toronto founder Dylan Reid.

"A doubling of deaths from any cause would normally be considered a crisis, and it's time for the City of Toronto to treat pedestrian safety as a crisis in need of dramatic action."

City officials have pledged that the new, $80-million road safety plan will reduce the number of injuries and deaths on Toronto roads.

COMPUTERIZED COMPOSITION

TEACHING A BOT TO SING

Inside this freaky U of T project

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Your essential daily news

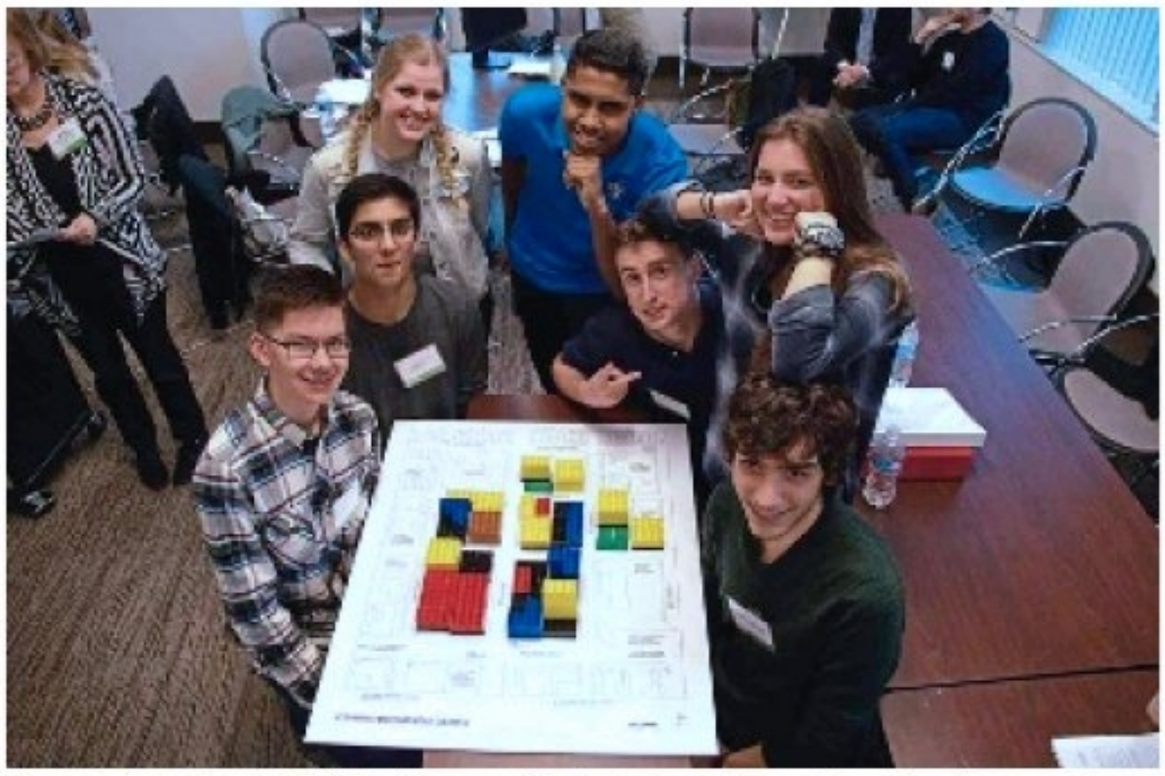
Dolly Parton sets up funding to help victims of wildfires in Tennessee. **World**

How to plan a city — one brick at a time

EDUCATION

Lego used in lesson on responsible city building

May Warren
Metro | Toronto



Students from Forest Hill Collegiate weren't just playing with Lego Thursday afternoon, they were building tiny neighbourhoods in a city building exercise. CONTRIBUTED

As a child Patrick Yutiga loved making Lego cities and would sit for hours constructing miniature bus stations, fire halls and airports.

The Grade 11 student at Forest Hill Collegiate got to revisit his childhood hobby Thursday afternoon, as part of an innovative exercise from the Urban Land Institute, a global organization that encourages responsible land use.

The program, which started in the U.S., aims to show students how urban planning works by bringing potentially dry topic to life.

"Having this workshop is a completely great opportunity for me to learn what the reality of city building actually is and not just in terms of imagining your ideal fantasy city," said Yutiga, who aspires urban planner or transportation engineer.

The students were divided into teams and given the task of designing a new, mixed-use development while balancing competing demands like affordable housing, business interests and environmental standards.

> We're trying to manage what needs to be built, why, where and how much money would it bring in or would it take away from the city. Patrick Yutiga

For example, Yutiga's team had to think on their feet when they realized they "couldn't create underground parking due to soil conditions."

And like Toronto, the fictional city their development was in also grapples with problems like food deserts, homelessness and, of course, parking.

"It's a problem solving exercises with real issues and applicability to their own neighbourhoods," said teacher Edward Ketchum.

It's the first time the project has been done in Canada, but ULI hopes to expand it for other schools.

Richard Joy, executive director of ULI Toronto, said the process is actually pretty similar to what real planners and developers do in terms of modeling.

"The same exact exercise is being done by seasoned professionals," he said.

RYERSON UNIVERSITY

Union investigating anti-Semitism reports

Ryerson University has expressed concern about complaints of anti-Semitism that erupted at a student union meeting this week after students made a motion to mark Holocaust education week on campus every year.

"The university is very concerned about allegations at a recent RSU (Ryerson Students' Union) meeting," Johanna VanderMaas, manager of public affairs, said in an email Thursday.

"We are committed to providing a civil and safe environment which is free of discrimination, harassment and hate, and is respectful of the rights, responsibilities, well-being and dignity of all of its members."

VanderMaas confirmed that Ryerson president Mohammed Lachemi had met with Obaid Ullah, head of the student union, to discuss the matter. Ullah said the student union is also investigating the allegations, which he called disturbing.

Lachemi's office has also spoken with one of the students who made the claims "to provide support, guidance and to ensure their concerns are heard" and contacted the Jewish student organization Hillel Ryerson, she said.

The alleged incident took place Tuesday evening at an RSU general meeting, during which a student introduced a motion to commemorate Holocaust education week with events to teach and remember the tragedy.

Third-year student Aedan O'Connor, there to support the motion, said she and other students were subjected to jeers and snickers when they spoke, which escalated to anti-Semitic comments.

She also accused two groups of orchestrating a spontaneous walkout so quorum would be lost at the meeting, and with it an opportunity to vote on the motion for Holocaust remembrance — which both groups denied.

"Several students left crying and having panic attacks," said O'Connor, 20, a member of Hillel Ryerson. Some posted their experiences on the RSU and other Facebook pages.

Both groups accused of orchestrating the walkout strongly denied it on Facebook and did not respond to media requests.

TORSTAR NEWS SERVICE

Aedan O'Connor said several students left a student union meeting in tears after hearing what she described as anti-Semitic taunts. ANDREW FRANCIS WALLACE/TORSTAR NEWS SERVICE

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HUDSON'S BAY

Bystander silence needs to be broken

RACISM

Interrupting offender sends message slurs not acceptable

Genna Buck
Metro | Toronto

Stephanie Kim says she was repeatedly called racial slurs while waiting in line at a TD bank and staff at the branch did nothing about it. RICHARD LAUTENS/TORSTAR NEWS SERVICE

When Stephanie Kim was verbally attacked by a man shouting racial slurs at a Toronto TD branch last week, she went home seething with "shock and outrage."

The slurs were nasty, but Kim said the onlookers' silence — including from the staff — hurt even more.

It shouldn't be that way, according to Tracy Porteous, executive director of Ending Violence BC, which runs the anti-harassment workplace-training program Be More Than a Bystander.

Porteous said TD, and other corporations, should "show leadership" and invest in training employees to be active, not passive, bystanders.

"At workplaces you have a captive audience. You can decide: I'm going to contribute to social change by providing my employees with life skills," she said.

Porteous's organization teaches simple strategies: "Interrupt the abuse. Ask the victimized person what the interest rate is at the bank. Ask the abuser what time it is. Someone who's introverted can go get security," she said.

"Maybe it won't stop the offender, but every time that person gets interrupted or taken aside, it sends a very powerful message to everybody that racial slurs are not acceptable."

No one came to Kim's defence at the bank last week. Not even the staff member she approached, who, she says, told her nothing could be done because the harasser was also a client.

Employment lawyer Howard Levitt said "the excuse is absolute nonsense," adding "the bank had a positive obligation to attempt to stop the person … as a last resort, even calling the police to remove them for trespassing if necessary."

Nicole Simes, who also works in employment and human rights law, said if a business' staff is informed of an incident and does nothing, it could be in violation of the Ontario Human Rights Code or the Canadian Human Rights Act.

Kim said she has received two follow-up calls from TD, including one from a vice-president who said the human resources department would be taking action, but didn't offer specifics.

A TD spokesperson told Metro the bank has "reinforced with our branch employees how to best handle these types of situations and make the best judgment call in the moment."

Though it was upsetting, Kim said she's happy her experience created a conversation about public racism.

"It's not like I've never been called 'chink' before," she said. "I really just want the bank to know, and bystanders to know, that silence is not the answer."

POLICE

Sergeant apologizes to beating victim

Keith Ryan. TORSTAR NEWS SERVICE

A Toronto sergeant has apologized for his role in a brutal attack on a prisoner inside a downtown Toronto police station, admitting "I didn't do my job" as the officer in charge of the booking hall.

Sgt. Richard Rowsome pleaded guilty to one count of neglect of duty at the Toronto police tribunal Wednesday in connection to a bizarre case involving an assault by a former Toronto parking officer inside a police station.

In April, 2011 Keith Ryan was being held in a booking cell at Toronto police's 14 Division on Dovercourt Road following his alleged assault on parking officer Devon Henry at Ossington Avenue and Queen Street West.

Ryan was taken into custody, but 90 minutes later Henry went into the police station, made his way to the room where Ryan was being held, and punched Ryan in the face and ribs.

Henry was later fired and found guilty of the assault. An assault charge against Ryan was dismissed.

Testifying as a witness, Rowsome admitted in court that he heard sounds of a fight coming from the room where Ryan was being held, but let Henry leave unquestioned.

Rowsome's lawyer, Joseph Markson, Toronto police prosecutor Philip Wright, and Ryan are all asking for a penalty of seven days' docked pay.

TORSTAR NEWS SERVICE

TTC

Drug tests coming for transit workers

The TTC is moving ahead with plans to implement random drug testing of its employees next year, despite the transit workers union threatening a legal challenge and hinting at possible job action.

At its meeting on Wednesday, the transit agency board approved confidential recommendations in a report on its random drug testing policy. Not all of the report has been made public, but after the vote TTC CEO Andy Byford said he could disclose that "the board authorized us to proceed" with the policy.

The TTC board first approved random testing in 2011, but the issue has been tied up in labour arbitration for years. In March, the TTC decided to move forward without waiting for arbitration to end, however. The agency's 2017 budget includes $1.3 million for implementing the policy.

TORSTAR NEWS SERVICE

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METRO ARTIST TAKE

A new angle of Toronto

Instagram-famous photographers Anthony Sotomayor and Mitul Shah use photography as a way to explore Toronto, discovering new buildings, locations and sights through the camera lens. They described themselves to Metro's **Jason Logan** as "urban exploration photographers" and hold workshops teaching the craft to aspiring shutterbugs.

Anthony Sotomayor

What is the best weather for getting great street photography? Inclement weather, especially during the rain. Everyone usually wants to run away from it, but for me I find a way to tell stories through my photography. The feel and mood of it is like no other.

How does the medium of Instagram affect what you do? Instagram is a great platform that has pushed me to grow creatively as well as network with other like-minded individuals.

Do you have a favourite intersection in the city? King and Bay.

See more of Sotomayor's work: instagram.com/aroyamotos

Mitul Shah

What have you discovered about the city in your travels? While exploring the city, I spend time reading any information there may be about the buildings that I'm taking pictures of. I've learned about architects such as Ludwig Mies van der Rohe, who designed the TD Centre, built in 1969. I've gotten the opportunity to learn about the history of old buildings, such as Old City Hall, and the Great Fire of Toronto. By knowing the history behind the buildings, you tend to appreciate them more.

ABOUT THIS SERIES **Artists can change the way we interact with the world around us** by offering new takes on the ordinary. Metro's sharing some of the work that's happening around Toronto. Send your visual stories to jason.logan@metronews.ca

TORONTO PHOTO WALK The next instalment of Shah and Sotomayor's 500px workshop takes place this Saturday at 2:30 p.m. To register, visit Sotomayor's Instagram account and click on the EventBrite link.

Do you two work together a lot or just on this meetup? Anthony and I have met before at another photography event a couple years ago, as I've always been a fan of his work. Coincidently, it's a pleasure to be working with him to host the 500px Photowalk and Workshop.

See more of Shah's work: instagram.com/typicalmitul

University of Toronto researchers Raquel Urtasun, left, and Sanja Fidler are teaching computers the language of music.
TORSTAR NEWS SERVICE FILE

Making bots that can sing

TECHNOLOGY

But they can't compete with Mozart or Bach yet, creators say

Genna Buck
Metro | Toronto

It's the techno-idealist's dream: A future where artificial intelligence is everywhere and robots listen to humans and speak back to us in a language we understand.

It's not as far-fetched as it sounds. Thanks to a new AI project from three researchers at the University of Toronto, robots are learning the language of music.

The bot analyzed melodies and lyrics from pop songs and video games, along with a collection of photos and their captions, said Sanja Fidler, a U of T machine learning professor and one author of a forthcoming paper on the subject.

Using complex algorithms, it then taught itself to match visual cues in the photos with words, and, in a second step, set those words to music.

The results aren't about to win a Grammy, but they could almost pass for generic mall music.

Fidler was quick to explain the program is a prototype. "I don't think it sounds particularly awesome," she said.

In a month or so, Fidler's team — which includes computer science professor Raquel Urtasun and grad student Hang Chu — hopes to release a browser-based demo. Anyone will be able to upload a photo and have the bot sing a song about it.

One day you might be able to feed a robot a photo of a special moment and have it compose a ballad for your beloved on the spot.

And the karaoke machine of the future might make up songs as well as sing them.

But for now anyway, the bot can't compete with the likes of Mozart or Bach.

"Music conveys your emotions. You cannot get that from a machine," Fidler said. "We're always hoping for that level of performance, but we aren't there yet."

A COMPUTATIONAL COMPOSITION

Here's a sample song the UofT music bot composed after looking at an image of a Christmas tree:

The best Christmas present
in the world is a blessing ...
I'm glad to meet you
I can hear the music coming
from the
hall
A fairy tale,
A Christmas
tree,
There are
lots and lots
and lots of
flowers.

HANG CHU/VIMEO

TELEVISION

Visually-impaired man's Netflix for the blind

Gilbert Ngabo
Metro | Toronto

When Kevin Shaw lost his sight at 19, it felt like the end of the world — and the end of his burgeoning career.

"I was trying to break into a job that's totally visual, and here I was without a vision," said Shaw, then a Radio and TV Arts student at Ryerson University. "It was the most frustrating of things."

But Shaw took that frustration and channeled it into something positive. After working in different media and advertising industries, he decided to put his entrepreneurial skills to work in an attempt to reduce social isolation for people who are visually impaired.

"People at work or in social meetings are always talking about what they saw in The Simpsons or Star Trek, but you have very little to say if you're blind," he said.

So, with the support of the Canadian National Institute for the Blind, Shaw developed TellMe TV. Described as Netflix for the visually impaired, the service offers rich audio description for popular films, documentaries and television shows.

For a $6.99 monthly subscription fee, users of the feature are able to not only follow what's being said in movies and shows, but also get a description of what's happening outside the dialogues and soundtracks.

Kevin Shaw
CONTRIBUTED

There are an estimated 1.4 million people with visual impairments in Canada. Shaw hopes the service will help them connect and bond with others by making popular culture more accessible.

"I just want to make sure people with vision loss aren't excluded in those conversations," he said.

PROGRAMS

Language hard for Syrians

They may be nearing their one-year anniversary in Canada, but many Syrian refugees are struggling to learn English.

In response, the Syrian Canadian Foundation is enlisting the help of the language department at the University of Toronto. Together, the two organizations will be offering a volunteer tutorial program to help families in Mississauga and Scarborough.

"The process of integration takes a lot longer and not having the language skills delays everything," said Bayan Khatib, one of the tutorial organizers.

The foundation previously taught basic English skills to Syrian children, but recently shifted their focus to adults after realizing many may finish the first year without attending ESL classes.

While it's easier for children to adapt once they start going to schools and meeting with their peers, adults find it harder to move past traumatic experiences of the war, said Khatib.

"I'm confident most will eventually find jobs and end up on their feet, but it's very hard," she said. GILBERT NGABO/METRO

Refugees 'can't find jobs'

GOVERNMENT AID

Families may end up on social assistance, says organization

Gilbert Ngabo
Metro | Toronto

As the federal government prepares to cut funding to thousands of Syrian refugees, settlement agencies warn many of them aren't ready to stand on their own just yet.

It's been one year since Prime Minister Justin Trudeau and the federal Liberals welcomed the first of the 25,000 Syrian refugees they pledged to bring to Canada.

The anniversary will be bittersweet for many new arrivals; it means government-assisted refugees will no longer receive their monthly living allowance — between $1,200 and $1,400 per family.

Those working on the front lines of refugee service in the city say the transition could be a rocky one.

"The vast majority of them are still going to need assistance after this one year," said Mario Calla, executive director of COSTI Immigrant Services in Toronto. "They are still in the learning process and may end up on social assistance because they can't find jobs."

The first wave of government-sponsored Syrian refugees arrived in Toronto last winter. Most have settled into the city, but they are poised for new challenges as the government prepares to cut financial aid to thousands of refugee families. TORSTAR NEWS SERVICE

Toronto has welcomed around 2,400 government-assisted refugees since last December.

Housing proved to be the biggest challenge, as both government-assisted and privately-sponsored families struggled to find affordable places to rent. In some cases, refugees were stuck in hotels for as long as five months before finding permanent housing.

COSTI currently has about 70 people in hotels across the city, and the group continues to receive new arrivals every week.

Calla said only about one in 10 refugees speaks English, and those are the ones who have been able to find jobs within this first year. A number of other Syrians also found jobs in places where English is not necessarily essential, but many more will need to be in ESL classes for much longer.

"The transition from one's homeland to a new country is a painful one," he said. "These people are obviously very happy to be here and getting on with life, but the challenges still remain."

SUPPORT

It's been a rollercoaster year for Hanadi Almawi and her three children, who arrived in Toronto last January from Lebanon. After spending months in a hotel, they got an apartment in Thorncliffe Park, where the kids quickly connected with their peers and are now comfortable going to school with others.

"English is still difficult for me," said Almawi, who has been taking ESL classes for the past five months.

She worries what will happen when the government stops offering financial help, since she "can't manage life outside."

Hanadi Almawi and her children arrived in Toronto last January. CONTRIBUTED

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METROTALKS INDIGENOUS NEWS

Firsthand from the First Nations

Indigenous reporters are telling their people's stories through a new program.

From left: Lenny Carpenter, Karyn Pugliese, Rachel Pulfer, and Hannah Clifford. EDUARDO LIMA/METRO

May Warren
Metro | Toronto

For Karyn Pugliese, stories are "all we've got."

As Canadians confront their difficult history during the Truth and Reconciliation process, giving voice to indigenous people across the country is more important than ever, says the executive director of news and current affairs at the Aboriginal Peoples Television Network.

"How else do we ever come to understand each other without sharing our stories?" she said.

But all too often, those stories aren't told, and when they are, they paint a caricature of communities in crisis, instead of celebrating their resiliency.

Pugliese and her colleagues at Journalists for Human Rights are trying to change that. They've established a training program for indigenous reporters to help them tell the story of life in remote reserves.

The team behind the project sat down with Metro Thursday to discuss what they've learned — and what they have to teach the rest of Canada.

CONTEXT

It's important to look at the bigger picture when reporting on indigenous communities said Rachel Pulfer, executive director of Journalists for Human Rights, particularly when it comes to stories concerning federal funding.

We need to "punch some holes in this narrative that all the money is going into this black hole," she said.

When covering stories about indigenous child welfare, health, or education, Pulfer said reporters should put financial figures into context.

They should include, for example, the fact the government still spends far more educating non-indigenous children in cities like Toronto than they do on education on reserves, she said.

Without these kinds of facts, the public doesn't understand the situation, and journalists aren't doing their job to inform them, Pulfer added.

RESILIENCY

Headlines about communities like Attawapiskat often focus on issues like contaminated drinking water or youth suicide.

Those are important issues that deserve attention, Pugliese said, but they don't present a full picture of life on the reserve.

"How about going up to Attawapiskat when it's not in crisis?" she asked.

As an example of the stories that don't get told, Lenny Carpenter, manager of JHR's Indigenous Reporters Program, shared the tale of a young boy's first goose hunt.

While it might seem run-of-the-mill, a story of a young man hunting with his parents and connecting with his culture is far more significant when you look at the bigger picture, Carpenter said.

"That's just a story of cultural continuity, when we talk about residential schools, the break that we've had in our language, the break that we've

GIVING VOICE TO COMMUNITIES

0.5%

Per cent of news stories featuring indigenous people published in the province, according to a 2016 survey by JHR — in spite of the fact that indigenous people make up two per cent of Ontario's population.

had in our cultures," added Pugliese.

"It shows you the flip side of what can be possible."

HISTORY

More — and better — coverage of indigenous issues will help the Canadian public confront its difficult history, Pulfer said.

That's not always easy, Pulfer acknowledged, given that it's a story of parents separated from their children and trauma passed on through generations.

"There's reasons why we haven't wanted to confront it, but we need to confirm it now," she said, noting it's a key pillar of reconciliation.

Doing so means acknowledging "hard truths," like the fact that the South African apartheid system was based on our reservation model, Pulfer said.

But she noted that even the residential school system was considered "too inhumane" for the brutal apartheid regime.

Journalists need to tell the stories of truth and reconciliation, but JHR program manager Hannah Clifford said the public has a responsibility to read and listen to them.

"Don't feel guilty and don't feel blamed," she said. "But understand that this is a history of Canada."

CANADA 150

With Canada's 150th anniversary approaching in 2017, it's an opportunity to put the principles of truth and reconciliation into action.

It's especially important "to include real history instead of trying to sugar-coat it," as we approach the anniversary, said Carpenter, and remember that many indigenous people won't be seeing it as a celebration.

"How about including the fact that our first Prime Minister Sir John A. Macdonald, called for the assimilation of the indigenous people and spearheaded to pass the Indian Act?" he said.

A new generation of journalists

PHOTO: SARA MAI CHITTY

CONTRIBUTED JHR

PHOTO: LEIGH NUNAN

1. Recording tradition
A journalism trainee in Kasabonika Lake First Nation documents the making of fish pemmican, a tradition that is now rarely practised in the community.

2. Training workshop
Community journalism trainer Brandon MacLeod, left, shows trainee James McKenny Rae photography principles during a photojournalism workshop in North Spirit Lake.

3. Photography practice at North Spirit Lake
Journalism trainees Kayla, Cherish and Georgette practise their photography skills in North Spirit Lake First Nation.

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Accessibility laws 'deficient': Advocate

HIGHER EDUCATION

Many buildings out of reach for disabled students

Toronto lawyer David Lepofsky is highlighting Centennial College building's accessibility problems. But that is not the complete picture. These accessibility issues are the symptoms of a bigger problem, Lepofsky says.

"It's not that Centennial College didn't try to include accessibility features," said Lepofsky. "The problem is they didn't do it right because the provincial law falls short on telling them what is needed.

"This proves that we have deficient laws on accessibility."

Lepofsky, head of a grassroots alliance that monitors progress on the province's landmark Accessibility for Ontarians with Disabilities Act (AODA), has made an 18-minute video detailing all the accessibility problems at the Centennial College.

David Lepofsky on the communal risers that are not accessible to people with physical disabilities in the newly completed Ryerson University Student Learning Centre.
LUCAS OLENIUK/TORSTAR NEWS SERVICE

Lepofsky gained fame when he won two human rights cases forcing the TTC to announce bus and subway stops.

The Centennial College building opened in late August of this year to accept student residents while the Culinary Arts Centre on the ground floor opened in time for classes on Sept. 6.

Accessibility problems in the building include a ramp beside the stairs by the main entrance of the college that has a railing only on one side; an awkwardly placed changing table, right next to the accessibility stall, that someone exiting the accessibility stall would bump into if in use; and the high parking payment machines that would make it difficult for someone in a wheelchair to access them.

The laws on accessibility, already deficient, are violated by the government's own community college, he said.

"(The Ontario government) set accessibility standards that are too low, which has resulted in Centennial College being able to engage in a deal without making sure that it has proper accessibility features," he said.

Other publicly financed buildings, such as Ryerson's Student Learning Centre, the new Women's College Hospital and major renovations at York's Osgoode Hall Law School also have accessibility problems, Lepofsky said.

TORSTAR NEWS SERVICE

Toronto Fire Service was able to extricate a man after a two-metre-wide sinkhole opened up beneath him. Police closed Tamworth Avenue at Ellerslie Avenue while city engineers surveyed the extent of the sinkhole.
VICTOR BIRO/FOR TORSTAR NEWS SERVICE

WILLOWDALE

Man injured by sudden sinkhole

A man suffered minor injuries and had to be rescued after he fell into a sinkhole that opened up on Tamworth Road in Willowdale on Thursday.

Toronto Fire received a call at 4 p.m. that a man was trapped in a hole up to his shoulders and was stuck. According to Toronto Police Services, the sinkhole is next to a drainage hole.

According to witnesses, the sinkhole opened under the man's feet as he was walking down the street.

Toronto fire had to set up a perimeter around the sinkhole to distribute the weight of their equipment.

They then set up a ladder over the hole, a tripod, a harness and a winch to get the man out. The entire operation took roughly 15 minutes.

After the rescue operation, Toronto Water and the transportation department took over the scene to assess how the sinkhole opened.

The man in his 20s was transported to a local hospital with minor injuries and the road remained closed Thursday night.

TORSTAR NEWS SERVICE

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WORLD Authentica CUISINE TMMD

Slow Braised Pot Roast Puttanesca

Ingredients

- 3 to 4 lb (1 1/2 to 2kg) beef chuck roast, trimmed of excess fat
- Salt and freshly-ground pepper
- 3 (45ml) Tbsp olive oil
- 1 cup (250ml) dry red wine
- 1 cup (250) beef stock
- 530ml (550g) Authentica World Cuisine Puttanesca Sauce
- 2 onions, quartered
- 8 carrots, diced into 1-inch (2.5cm) cubes
- 2 celery sticks, 1/2-inch thick sliced
- 2 cups (500ml) button mushrooms
- 2 bay leaves

Instructions

Season the roast with salt and pepper. Heat the olive oil in a Dutch oven over medium-high heat. Add the roast and sear on all sides until brown. Scatter the vegetables and add the bay leaves. Saute until the onions start to become translucent. Add the red wine, beef stock and the Puttanesca Sauce. Bring to a boil, then reduce heat to low. Simmer for 3 hours, basting every hour with the sauce, until the beef is fork tender.

Remove the roast, slice and arrange on a warm serving platter. Garnish with the vegetables. Serve with the sauce.

Serves 6 to 8

OVER 1400 CANADIANS OWN A PROPERTY IN ECUADOR

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Ecuador is an incredible destination for real estate investment and retirement under the sun. "Properties are much more affordable than in similar destinations," says Gordon Poole, vice-president of design and construction for the Canadian company HolaEcuador Property Development. "Now is the time to seize the opportunity."

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- Charlene and kids, Toronto, 2016

"Our home is absolutely beautiful. Our designer's suggestions for the granite and bathroom tile were perfect. We absolutely love all the tile flooring designs along with the stair risers."

- Brenda and Dennis, Calgary, 2016

"I am so looking forward to furnishing my new home, spending my vacations there and finally retiring at a ripe young age because of this super inspired initiative. The process is extraordinary. Contract, payments, electronic communication and plans, photo website, patient personnel for questions. These assets make HolaEcuador successful as well as satisfying the customer."

- Dennis, Montreal, 2016

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Pepper spray is OK: Leitch

LEADERSHIP RACE

Tory candidate would legalize spray irritants for self-defence

Andrew Fifield
Metro | Toronto

Conservative leadership candidate Kellie Leitch is calling for Canadians to have the right to bear-spray arms.

Leitch, who has staked her candidacy on a platform of "Canadian values," announced her intentions in a Facebook post Wednesday morning.

"As prime minister, I will amend the Criminal Code to make it legal for Canadians to possess mace and pepper spray for self-defence purposes," the Ontario MP wrote, adding that the measure is needed for women to fend off potential physical and sexual violence.

"Women should not be forced by the law to be victims of violence when there exist non-lethal means by which they can protect themselves."

An additional statement from Leitch's office clarified that self-defence is the only use of spray irritants she would make legal and that other purposes would be "prosecuted to the fullest extent possible."

Leitch's social media presence has ramped up in recent weeks after she reacted to Donald Trump's victory by saying the president-elect had an "exciting message" for Canadians.

Her platform shares a focus on immigration that helped propel Trump to victory in the U.S.

Among the policies she has called for are a face-to-face "values test" that would screen potential immigrants for their opinions on a range of human rights issues. Leitch has criticized the government's Syrian refugee settlement program, which she calls a "disaster."

She has also called for the complete dismantlement of the CBC and has come out firmly against pricing carbon.

MORE ON THE METRO APP

WORLD AIDS DAY RESEARCH TO GET FUNDING BOOST Prime Minister Justin Trudeau raises the World AIDS Day flag, as Minister of Health Jane Philpott looks on in Ottawa on Thursday. The federal government has pledged more support for the fight against AIDS, and Trudeau says he's confident the battle can be won. In marking World AIDS Day, Philpott also announced the government will spend another $3.5 million on AIDS research. That's on top of the $50 million per year Canada currently invests in HIV and AIDS research. JUSTIN TANG/THE CANADIAN PRESS

GOVERNMENT

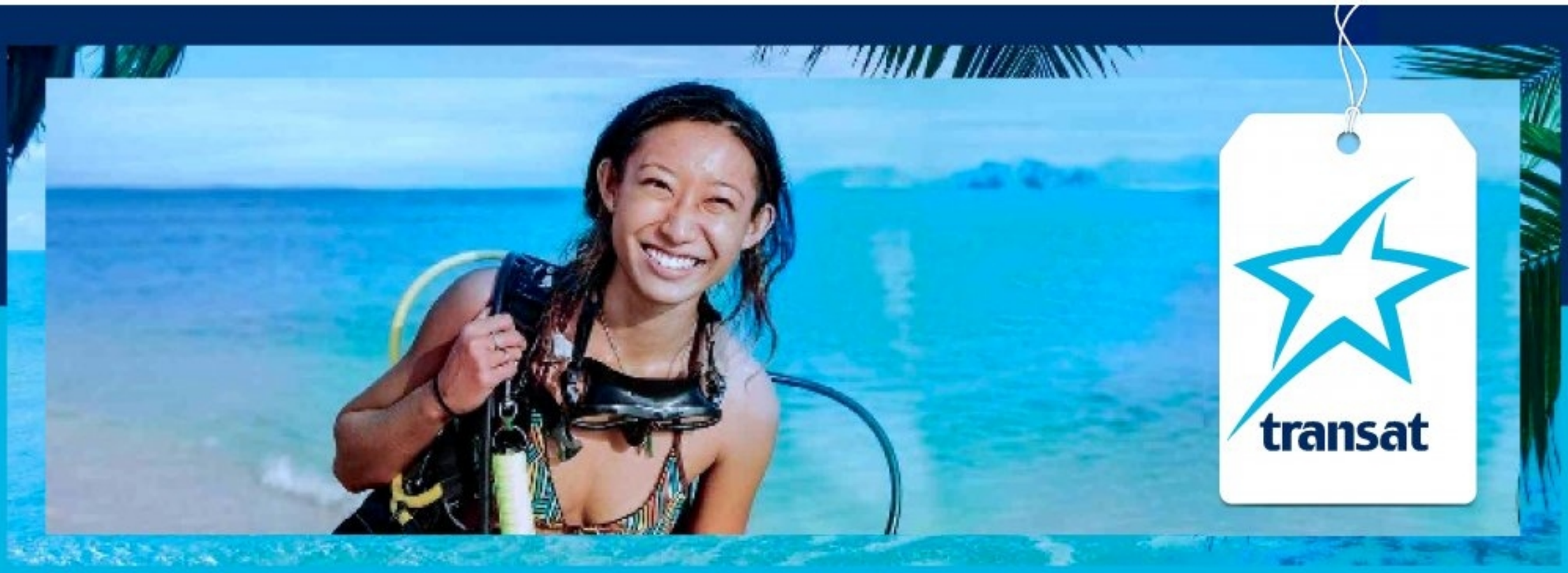
Liberals backtrack on voting reforms

Liberal members of a special all-party committee on electoral reform are urging Prime Minister Justin Trudeau to break his 2015 promise to change Canada's voting system before the next federal election.

That remarkable call for inaction came Thursday even as opposition members of the committee joined forces to put pressure on Trudeau to keep the campaign commitment. In its long-awaited final report, the opposition-dominated committee recommended that the government design a new proportional voting system and hold a national referendum to gauge support.

It could all be done in time for the next election in October 2019, opposition MPs maintained. But NDP democratic reform critic Nathan Cullen acknowledged the "strange scenario" that seems to be developing, with the opposition "finding enough room for consensus to help the Liberals keep a Liberal promise and the Liberals not so interested in it anymore."

THE CANADIAN PRESS



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Wildfires death toll rises

TENNESSEE

Authorities set up hotline for missing person reports

A burned-out business in Gatlinburg, Tenn., where searches for victims of the wildfires will likely be completed on Friday, according to Sevier County Mayor Larry Waters. GETTY IMAGES

Crews discovered the remains of three more people as they searched the rubble of wildfires that torched hundreds of homes and businesses near the Great Smoky Mountains, bringing the death toll to 10, officials said Thursday.

Authorities set up a hotline for people to report missing friends and relatives, and after following up on dozens of leads, they said many of those people had been accounted for. They did not say whether they believe anyone else is still missing or may have died.

"I think it's fair to say that the search is winding down," Sevier County Mayor Larry Waters said.

He said the searches would likely be completed Friday.

Nearly 24 hours of rain on Wednesday helped dampen the wildfires, but fire officials struck a cautious tone, saying people shouldn't have a false sense of security because months of drought have left the ground bone-dry and wildfires can rekindle.

The trouble began Monday when a wildfire, likely caused by a person, spread from the Great Smoky Mountains National Park into the tourist city of Gatlinburg as hurricane-force winds toppled trees and power lines, blowing embers in all directions.

"We had trees going down everywhere, power lines, all those power lines were just like lighting a match because of the extreme drought conditions. So we went from nothing to over 20-plus structure fires in a matter of minutes. And that grew and that grew and that grew," Gatlinburg Fire Chief Greg Miller said.

More than 14,000 residents and visitors in Gatlinburg were forced to evacuate, and the typically bustling tourist city has been shuttered ever since. At least 700 buildings in the county have been damaged.

"Gatlinburg is the people, that's what Gatlinburg is. It's not the buildings, it's not the stuff in the buildings," Mayor Mike Werner said. "We're gonna be back better than ever. Just be patient." THE ASSOCIATED PRESS

REACTION

Dolly Parton offers money

Country music legend Dolly Parton says she's establishing a fund to help victims of the wildfires that burned hundreds of homes and businesses in the Great Smoky Mountains area and left seven dead. She says the Dollywood Company and the Dollywood Foundation are establishing a fund to provide $1,000 a month to families who lost their homes.

Just in: Beaver goes on a rampage

Andrew Fifield
Metro | Toronto

A beaver bandit was rounded up by police after making a dam fine mess of a holiday aisle at a Maryland dollar store.

News of the rogue rodent's Christmas caper comes via tweets from the St. Mary's County Sheriff, who say the beaver waddled through the front door and made a beav-line for an aisle that looked to be lined with delicious tree treats.

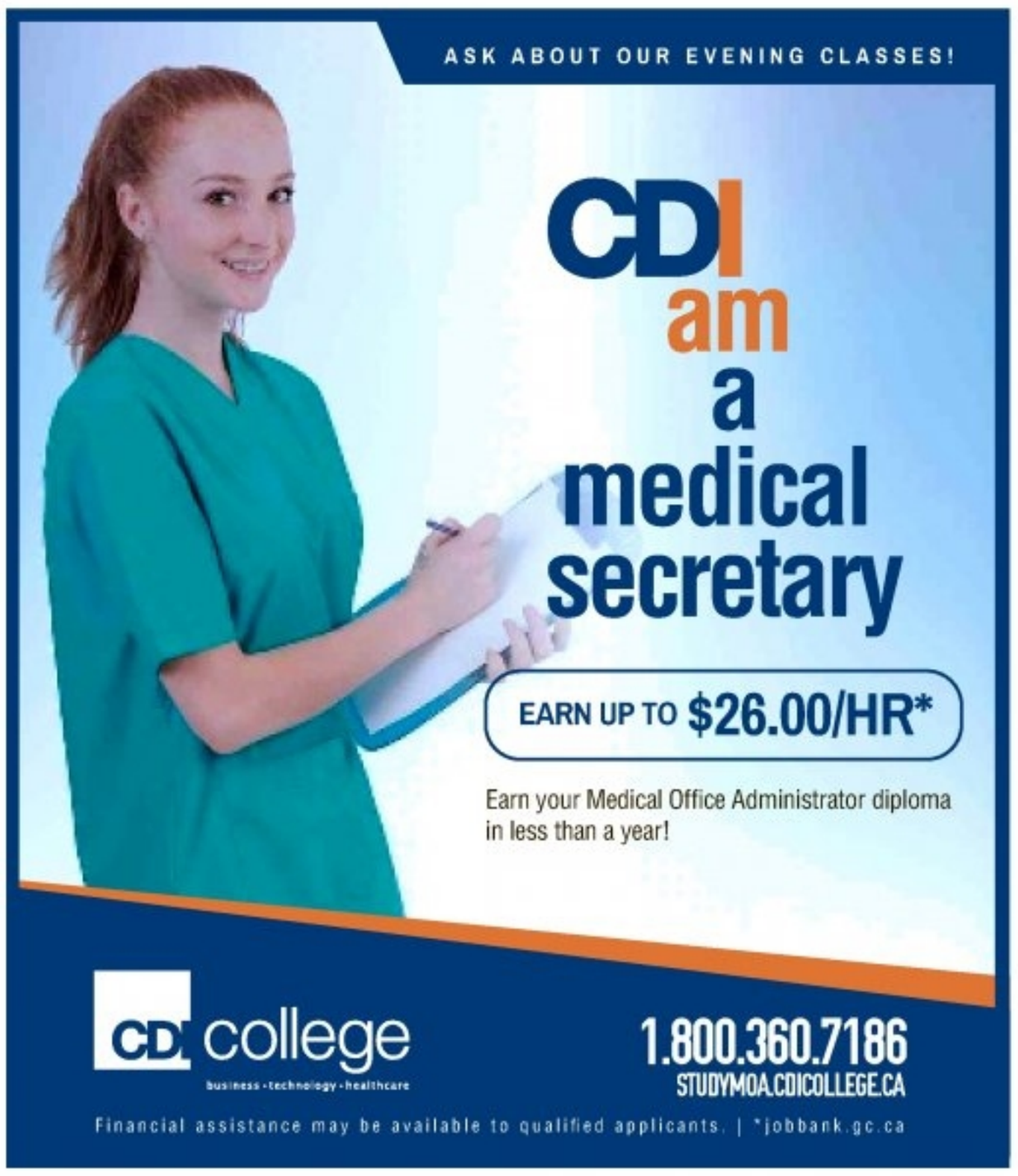
Bad news, beaver: Those balsams are bogus.

In what we can all hope was a display of displeasure, the beaver put its finely honed skills of destruction to work on the surrounding Yuletide merchandise.

"As a law-enforcement officer, you just never know what your next call might be," the office wrote on their Facebook page.

Happily, the beaver was captured by animal control officers and has been handed over to a wildlife rescue organization.

SEE VIDEO ON THE METRO APP



The state of women in Trump's U.S.

How do you explain gender inequalities to people who refuse to believe they exist or don't think they matter?

ROSEMARY WESTWOOD
From the U.S.

Supporters hold Women for Trump signs at a campaign rally for Donald Trump on Nov. 7. AFP/GETTY IMAGES

When Hillary Clinton beat the drum of the woman card along the 2016 campaign trail — "Deal me in!" — it was the grandma joke that landed a little flat.

Fighting for women's equality and rights was a desperate need for many of her supporters, but as a punchline, the deck-of-cards analogy hardly blew your socks off. And for the majority of white American women who voted in Trump, it clearly didn't make the difference.

Kellyanne Conway, Trump's campaign-manager-turned-advisor, appears to now interpret Clinton's loss as proof that Trump isn't actually sexist or misogynist.

"All this anti-woman stuff," she said this week, after being asked at a Washington, D.C., event how she "rationalized" Trump's pussy-grabbing tape with the fact he's denied allegations of sexual assault. "And you know how America's women answered? They gave the would-be first female candidate, I don't know, what was it, 56 per cent of the vote, 57?" (Pew Research Centre has it at 54 per cent.)

"She should have gotten 60 or 62 percent of the female vote," Conway continued, according to Politico. "And part of why she did not is women tired of the same argument and the same thing that you're presenting to me now, even though you're trying to be personally mean about it."

Conway is objectively right. Focuses on Trump's sexism and misogyny didn't give Clinton the win. The questioner had asked how Conway "rationalized" Trump "as a woman." And Conway, and many women, answered, basically, screw you.

The problem for feminism — for the state of women under a Trump world order — is just how resolutely the appeal to women's interests failed to sway women's votes; just how readily sexism and misogyny are accepted by women as well as men. The election has offered an educational conundrum: How do you explain gender inequalities to people who refuse to believe they exist or — more worryingly — don't think they matter?

Some are appealing to Ivanka Trump, the top female surrogate for her father, in Instagram posts that begin "Dear Ivanka," and continue with pleas to support women's reproductive rights, fight HIV/AIDS, improve access to child care and tackle climate change.

According to a separate Politico story, Ivanka apparently does plan on using a first-lady-esque position in her father's White House to address climate change. But I expect her impact, on any given issue, will have all the force of a polite sneeze.

In the reporting so far into who Ivanka is and what she believes, there's nothing to suggest she is substantially unlike her father.. She appears just as policy-thin (her proposed child-care policy would do little for families most in need), corporate-driven (she's committed to running Trump's businesses despite a high-profile role in the transition team), and entitled (her memoir gives herself, and not her inherited wealth, all the credit).

Left-wing hopefuls seem to be reaching out to Ivanka — and not, say, her husband, Jared Kushner — purely in the misguided belief that her womanhood indicates a secret harbour of progressive views.

It's a conclusion as faulty as Clinton's faith in the woman card. And one that will do nothing to aid American feminism at the onset of a dark and demanding four years.

Labour crisis looms in farming sector

AGRICULTURE

Robust migrant farm worker program needed: Study

With a growing demand for unskilled agricultural workers, a new study warns a large portion of Canadian farmland will lie fallow without a robust migrant farm worker program.

Labour shortages within the sector have already doubled over the past decade and are expected to double again by 2025, reaching 113,800 unfilled jobs, said the Conference Board of Canada study.

"A growing labour gap in agriculture is being driven by a combination of circumstances, including an aging workforce, large seasonal fluctuations in employment, the rural location of many operations, and negative perceptions about working in the sector," said the study, Sowing the Seeds of Growth.

"Simply paying Canadians more to work in the sector or buying more machines may not be possible and will not eliminate the sector's need for TFWs (temporary foreign workers)."

The report came on the eve of a soon-to-come announcement by Ottawa to overhaul its temporary foreign workers program.

Currently, migrant workers account for 12 per cent of Canada's agricultural workforce, filling about three-quarters of the sector's labour gap, said the study. Twenty years ago, only five per cent of the farm workers were brought in from other countries.

TORSTAR NEWS SERVICE

Migrant workers currently account for 12 per cent of Canada's agricultural workforce. TORSTAR NEWS SERVICE

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IN BRIEF

Few bargains in television pick-and-pay offerings

Television providers now have to provide pick-and-pay pricing for all individual channels, as mandated by the Canadian Radio-television and Telecommunications Commission (CRTC). But with a price range of $4 to $7 to buy each channel à la carte, it's similar to the launch of $25 skinny basic bundles in March: it will be difficult for most to find a bargain.

TORSTAR NEWS SERVICE

STREAMING SERVICES

Here's how Netflix downloading works

Andrew Fifield
Metro | Toronto

This week Netflix finally announced users will be able to download programs for offline viewing. Here's what you need to know to get started.

Can I download anything?

At least for now, only Netflix-owned shows can be saved for offline viewing.

What can I download to?

You're going to need the iOS or Android app and your device will need to be running at least iOS 8.0 or Android 4.4.2 to be compatible. Only the mobile app can download programs. You also won't be able to move downloaded files over to your computer.

MORE ON THE METRO APP

metro SCIENCE
Your essential daily news

Move over Great White: Canadian researchers discover that plentiful, microscopic diplonemids are crucial predators in the ocean ecosystem

DECODED by Genna Buck and Andrés Plana

WILL YOU LIVE TO 117? IT'S COMPLICATED

Everyone, at some point, was the youngest person on Earth. But only a tiny group get to be counted among the oldest — like Emma Morano, 117, of Italy, who was just crowned the longest-lived person on the planet. Supercentenarians like her (who live to 110+) are a bit of a medical mystery. **What gives the super-old their super-longevity? We don't know, but they do share a few common characteristics.**

Emma Morano, 117, says being single since 1938 kept her young

HOW THEY DO IT

Genes
Super-long life runs in families, but genetic sequencing has not shown exactly the genes involved. Half of people who live to 100 also have at least one parent, sibling or child who does.

Independence
As a rule, the later you get your first chronic illness or disability, the longer you live. Studies show very few supercentenarians get diabetes, heart disease, or cancer before their 90s. Most are independent at 95 and aren't frail until 105.

Biochemistry
People in their 100s have lower levels of proteins that indicate inflammation in their blood than peers in their 80s and 90s.

Staying sharp
Evidence is mixed, but it suggests dementia sets in later among those 110+. One small study of seniors 115 and up found six out of the seven subjects were able to carry out a meaningful conversation a few weeks before their death.

Personality
They've seen it all: Supercentenarians are better than average at dealing with stress, tend to be extroverts and have a sunny outlook on life.

A WORD FROM OTHER CONTENDERS
What is their formula?

Violet Brown, 116 (1900-) Jamaica
Being self-reliant, reading the Bible

Jeanne Calment, 122 (1875-1997) France
Chocolate, olive oil, being relaxed

Misao Okawa, 117 (1898-2015) Japan
Sushi, lots of sleep

Marie-Louise Meilleur, 117 (1880-1998) Canada
Wine, hard work

CITIZEN SCIENTIST by Genna Buck

Overlook the obvious, miss a lot of science

If gravity has a downward force, why does the flame coming out of my lighter point upwards, even when I flip it upside-down? — Geoff

Reading your questions (keep 'em coming!) is a two-step process in my head.

1) Pssh! I can answer this in my sleep! Fire is a chemical reaction called oxidation, which releases the chemical energy stored in fuel (your lighter fluid) as heat. Heat rises. Hence fire rises. BOOM.

2) **Wait, what does that mean**? What are flames, exactly? Heat is invisible. Fire must be made of something.

When you generate a spark hot enough to burn lighter fluid (a.k.a. butane), the chemicals it's made of start to break down. They react with the oxygen in the air and produce water and carbon dioxide (maybe a bit of other stuff, depending on additives).

When molecules are heated past a certain point, they start to glow: emit energy in the form of visible light as well as heat. The hot gases released by the burning of butane are hot enough to glow. In science terms, they're **incandescent**. That's the flame you see.

It also heats the surrounding air, making it expand and become less dense. And, you're right, Geoff: The downward pull of gravity is at work here. It draws colder, denser air from the room down to the base of the flame. This displaces the hot air, which rises. The upward flow of hot air makes the flame move upwards, regardless of the direction the lighter is pointing.

I'm sure I was taught this at some point, but let's just say it wasn't burned into my brain. When I research your questions, I invariably find I know less than I think I do. Being science-minded means embracing your inner six-year-old and asking: But why? But why? But why, why, why?

Science Question? Tweet @genna_buck

FINDINGS
Your week in science

ISTOCK

THAT'S FRESH
Swiss researchers have found three new ways to preserve vaccine fluid at room temperature, making it easier to ship shots around the world: Add nanoparticles, an FDA-approved polymer, or (no kidding!) a solution made of table sugar.

SIRI TAKE NOTE
Do you have an opposite-sex friend or partner who's vexed by a voice that sounds perfectly pleasant to you? One Canadian researcher has found men and women judge the attractiveness of speaking voices differently. Women found longer 's' sounds attractive but men did not.

SOUND SMART

DEFINITION
A **polymer** is a molecule made of smaller repeating units. Those with relatively large molecular mass — thanks to their many, many subunits — are often stretchy, unstructured and durable: handy properties in glues and plastics.

USE IT IN A SENTENCE
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THE APOLOGY

Filmmaker shares stories of kidnapped war victims

Steve Gow
For Metro Canada

"There was this sense of urgency from the moment we started that this story needs to be told."
Filmmaker Tiffany Hsuing

Grandma Adela makes a difficult phone call to her son Eric in The Apology. The documentary focuses on the stories of three former "comfort women" who were kidnapped and forced into sexual slavery by the Imperial Japanese Army. CONTRIBUTED

'Silence is a cycle' for sexual slavery victims

It's difficult to imagine, but even 70 years after the end of the Second World War, there are still women fighting for a simple acknowledgement of the torture and abuse they endured during the hostility.

In the new documentary The Apology, Toronto filmmaker Tiffany Hsuing meets three grandmothers who uncover their experiences as "comfort women" — the so-called name for 200,000 girls who were kidnapped and forced into sexual slavery by the Imperial Japanese Army — an atrocity that is barely recognized by the Japanese government to this day.

"Silence is a cycle. It gets passed down from generation to generation," explained Hsuing about the stigma that oppressed comfort women for decades until South Korean organizations began prodding Japanese officials in the 1980s.

"This happened well before the grandmothers — this was a choice that it was better to stay quiet; to hold on to this yourself than to ever speak about it," said Hsuing. "We should feel that we live in a society where this is okay to share and to talk about."

Although focused on the stories of three former comfort women, Hsuing hopes her seven-year production also resonates for younger audiences. To accomplish that feat, she attempted to play down historical documentation in lieu of the grandmothers' contemporary quest for formal recognition and acceptance of the tragedy.

"Sexual slavery is still going on in countries where war is happening but human trafficking (is) happening right in our own backyard here in Canada," said Hsuing of the film's relevance. "Sexual violence is here amongst us and survivors are still trying to come out with their stories."

Hsuing references the recent Jian Ghomeshi case or Bill Cosby's sexual assault suit to exemplify the pressure for survivors to stay silent. Indeed, The Apology may target a black mark from the 1940s, but its message is clearly prescient today.

"We play a role in perpetuating that shame and perpetuating that silence, so yes, this film aims to encourage and empower the younger generation to speak out of their own experience," said Hsuing. "But also to encourage our society — how do we support survivors, people who have gone through sexual violence, and create a space where they don't feel shame?"

FOOTAGE

The biggest challenge
"We had over 400 hours of footage to work with and it got cut down to an hour and 45 minutes," said Hsuing, who shot the movie over seven years. "It was definitely hard to select and piece the moments dating back that were best going to tell the story."
STEVE GOW/METRO

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Tatiana Maslany and Tom Cullen in The Other Half. COURTESY MONGREL MEDIA.

IN FOCUS

Spend your cash on worthwhile films instead of sequels

Richard Crouse
For Metro Canada

This weekend, for the first time all year, none of the new films on release have a number or a colon in the title.

That means no sequels, prequels or reboots cluttering up screens. Hollywood hasn't suddenly decided to change their tactic of squeezing every dime out of every tried-and-true concept in their back catalogue.

Nope, it's because after American Thanksgiving, one of the biggest movie times of the year, the studios figure everyone ate too much turkey to bother going to the movies this week.

That means we have smaller, not-ever-likely-to-be-sequelized movies like Lovesick, Antibirth and The Other Half on offer.

All, depending on your taste, are worth your dollar and each ticket bought sends a message that moviegoers won't be content with constant rehashes of stories we already know.

Recently a tentative deal to make Bad Boys 3 and 4 was announced. While the prospect of a third and fourth movie in that decades old series is about as welcome as a plantar wart, we did this to ourselves by supporting endlessly repackaged stories and ideas.

Hollywood wouldn't spend the time or effort to make photocopy quality sequels if we didn't line up to see them, so why not use your buying power to demand better movies? Read these easy-to-follow rules for sequel avoidance:

1. Generally speaking, shun movies with numbers in the titles. This sounds straightforward, but movies like One Flew Over the Cuckoo's Nest, Three Days of the Condor, 8½, and The Seven Samurai muddy the waters.

By all means go see or stream those, but when choosing a movie beware of titles containing colons (Lawnmower Man 2: Beyond Cyberspace), the word "part" (Friday the 13th Part 3: 3D), unless of course it's The Godfather Part II, a subtitle like "This Time It's Personal" (Sister Act: Back in the Habit), roman numerals (Superman IV: The Quest For Peace) or any combination of the above (Friday the 13th Part VIII: Jason Takes Manhattan).

Other trouble spots include titles containing the words "Beginning" (Psycho IV: The Beginning), "Bride" (Bride of Chucky), "Return" (Return to the Blue Lagoon), "Vs." (Gamera vs. Jiger), "Boogaloo" (Breakin' 2: Electric Boogaloo) or "Revenge" (Jaws: The Revenge).

2. Worse than numbered sequels are movies which substitute a homophonous word for the number (Look Who's Talking Too, Teen Wolf Too).

3. Avoid movies that recycle ideas while simply changing the tense of the movie title. Examples? What was funny in Analyze This became less so in Analyze That and there is a reason I Still Know What You Did Last Summer sits at a 7 per cent approval rating on Rotten Tomatoes.

4. And finally, as a matter of principle, steer clear of any movie in which Ben Stiller plays supermodel Derek Zoolander.

Of course I'm joking — except about Zoolander. Any movie that subtitles itself with "No. 2" is really asking for it.

Go see whatever you want, but keep in mind when supporting bad movies the joke is on us. It feeds the notion that audiences are as creatively bankrupt as the studios. Not so.

If you are given a steady diet of dog food, pretty soon you get a taste for Alpo, but if occasionally you have something better, soon enough you'll crave foie gras. Sequels are the dog food of the movie industry. Don't let them force feed you.

MOVIE RATINGS by Richard Crouse

The Other Half	★★★★
Lovesick	★★★
Antibirth	★★

HOW RATING WORKS

★★★★	SEE IT
★★★	WORTHWHILE
★★	UP TO YOU
★	SKIP IT

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MOVIE LISTINGS

DOWNTOWN

Carlton Cinema Theatre
20 Carlton St., 416-494-9371
The Accountant Fri 1:15-4-6:45-9:30 Sat-Sun 1:15-6:45-9:30 Mon-Thu 1:15-4-6:45-9:30 **Antibirth** Fri-Thu 4:20-9:25 **Arrival** Fri-Thu 1:25-1:35-3:55-4:10-6:40-6:50-9:15-9:25 **Bad Santa 2** Fri-Thu 1:30-3:50-6:45-9 **BearCity 3** Fri-Thu 1:30-4-7-9:30 **The Edge of Seventeen** Fri-Thu 1:45-4:15-6:45 **The Fabulous Stains** Wed 9 **Hacksaw Ridge** Fri-Sat 1:15-4:15-9 Sun 9 Mon-Tue 1:15-4:15-9 Wed 1:15-4:15 Thu 1:15-4:15-9 **Moana** Fri-Thu 1:20-1:50-3:55-6:30-6:50-9:05 **Rules Don't Apply** Fri-Thu 9:20

Scotiabank Theatre
259 Richmond 416-368-5600
The Accountant Fri-Tue 1:20-4:20-7:20-10:20 Wed 12:55-3:45-6:30-10 Thu 1:20-4:20-7:20-10:20 **Allied** Fri-Thu 1:10-4:10-7:10-10:10 **Bad Santa 2** Fri 3:10-5:30-8:05-10:20 Sat-Sun 12:55-3:10-5:30-8:05-10:20 Mon 3:10-5:30-7:50-10:10 Tue-Thu 3:10-5:30-8:05-10:20 **Billy Lynn's Long Halftime Walk** Fri-Thu 1:40-4:30-7:20-10 **Doctor Strange** Fri-Thu 1:30-4:20-7:10-10; 3D Fri-Thu 1-2-3:50-4:50-6:40-7:40-9:30-10:30 **Fantastic Beasts and Where to Find Them** Fri-Sun 2:20-3:30-5:30-6:30-8:30-9:30 Mon 2:20-3:30-5:30-8:30-9:40 Tue 2:20-3:30-5:30-6:30-8:30-9:30 Wed 2:20-3:30-5:30-8:30-9:30 Thu 2:20-3:30-5:20-8:20; 3D Fri-Thu 3-6-9 Fri-Thu 1:30-4:30-7:30-10:30; IMAX Fri-Thu 1-4-7-10 **Hacksaw Ridge** Fri-Thu 1:10-4:05-7-9:55 **Office Christmas Party** Thu 7:30-10:10 **Ouija: Origin of Evil** Fri 3:15-5:40-8:05-10:30 Sat-Sun 12:55-3:15-5:40-8:05-10:30 Mon-Thu 3:15-5:40-8:05-10:30

Market Square
Allied Fri-Sat 1:10-4-7-9:40 Sun-Mon 1:10-7 Tue 1:10-4-7-9:40 Wed 1:10-7 Thu 1:10-4-7-9:40 Sun-Mon 4-9:40 Wed 4-9:40 **Arrival** Fri-Thu 1-3:30-6:30-9:30 **Doctor Strange** Fri-Thu 1:20-4:05-6:50-9:35 **The Edge of Seventeen** Fri-Wed 1:25-3:50-6:55-9:15 Thu 1-3:50-6:55-9:15 **Fantastic Beasts and Where to Find Them** Fri-Thu 1:15-3:55-6:45-9:25 **Moana** Fri-Thu 1:05-3:45-6:35-9:05

Varsity
55 Bloor St. W., 416-961-6304
Allied Fri 1:10-4:15-7:15-10:10 Sat-Sun 10:25-1:05-3:55-6:40-9:40 Mon 1-3:50-6:40-9:50 Tue 1:10-4:15-7:15-10:10 Wed 1:10-4-6:50-9:50 Thu 1-3:50-6:40-9:50 **Doctor Strange 3D** Fri 1-3:40-7-9:50 Sat-Sun 1:30-4:25-7:15-10:05 Mon 1:15-4-7-9:55 Tue 1-3:40-7-9:50 Wed 1:15-4-9:55 Thu 1:15-4-7-9:55 **Fantastic Beasts and Where to Find Them** Fri 12:40-3:50-6:40-9:40 Sat-Sun 10:30-1:10-4:10-7:10-10:10 Mon 12:50-3:50-6:50-9:40 Tue 12:40-3:50-6:40-9:40 Wed-Thu 12:50-3:50-6:50-9:40; 3D Fri-Tue 1-4-7-10 Wed 12:10-3-6-9 Thu 1-4-7-10 **Loving** Fri 12:20-3:15-6:20-9:20 Sat-Sun 12:20-3:20-6:30-9:20 Mon 12:25-3:20-6:30-9:30 Tue 12:20-3:15-6:20-9:20 Wed-Thu 12:25-3:20-6:30-9:30 **Manchester by the Sea** Fri 12:10-12:50-3:20-4-6:30-7:10-9:40-10:20 Sat-Sun 10:30-12:10-12:50-3:20-4-6:30-7:10-9:40-10:20 Mon 12:15-1:20-3:10-4:20-6:10-7:20-9:15-10:15 Tue 12:10-12:50-3:20-4-6:30-7:10-9:40-10:20 Wed 1:20-2:20-4:20-6:40-7:20-9:40-10:15 Thu 12:15-1:20-3:10-4:20-6:10-7:20-9:15-10:15 Fri-Sun 12:30-3:30-6:30-9:30 Mon 12:40-3:30-6:30-9:30 Tue 12:30-3:30-6:30-9:30 Wed-Thu 12:40-3:30-6:30-9:30 **Moonlight** Fri 12:45-3:30-6:25-9:15 Sat-Sun 10:30-12:55-3:35-6:20-9 Mon 12:40-3:35-6:20-9:05 Tue 12:45-3:30-6:25-9:15 Wed-Thu 12:40-3:35-6:20-9:05 Fri 12:15-3-6-9 Sat-Sun 12-3-6-9 Mon 12:20-3-6-9 Tue 12:15-3-6-9 Wed 7-10 Thu 12:20-3-6-9 **Nocturnal Animals** Fri 1:30-4:25-7:25-10:25 Sat-Sun 10:35-1:20-4:20-7:20-10:25 Mon 1:10-4:10-7:10-10 Tue 1:30-4:25-7:25-10:25 Wed-Thu 1:10-4:10-7:10-10 Fri-Sun 1:30-4:30-7:30-10:30 Mon 1:30-4:30-7:30-10:20 Tue 1:30-4:30-7:30-10:30 Wed-Thu 1:30-4:30-7:30-10:20

Yonge & Dundas 24
10 Dundas St 416-977-2642
Allied Fri-Thu 1-4-7-10 **Almeida Live: Richard III Encore** Sun 12:30 **Almost Christmas** Fri 1:20-4:15-7:15-10 Sat-Sun 12:35-3:30-6:30-9:15 Mon-Tue 7:15-10 Wed 10 Thu 7:15-10 **Andre Rieu: Christmas With Andre** Sat 4 **Arrival** Fri 1:40-4:30-7:30-10:30 Sat-Sun 1-4-7:30-10:30 Mon-Tue 1:40-4:30-7:30-10:30 Wed 1:30-4:20-7:30-10:30 Thu 4:30-7:30-10:30 Fri-Sat 12-2:45-5:30-8:20-11:05 Sun-Tue 12-2:45-5:40-8:45 Wed 12-2:45-5:40-8:40 Thu 12-2:45-5:40-8:45 Thu 1:30 **Dear Zindagi** Fri-Sun 12:20-3:50-7:10-10:30 Mon-Thu 12:30-3:50-6:30-9:50 **Doctor Strange** Fri-Thu 3; 3D Fri-Thu 1:10-4:20-7-9:50 Fri-Sat 12-6-9 Sun-Tue 12-6-9:05 Wed 12-6-9 Thu 12-6-9:05 **Doctor Who (Animated): The Power of the Daleks** Wed 6:45 **The Edge of Seventeen** Fri-Thu 2:20-5-7:50-10:40 Elle Fri-Sun 1:50-4:50-7:50-10:50 Mon-Thu 1:45-4:45-7:45-10:45 **Fantastic Beasts and Where to Find Them** Fri-Tue 12:30-3:30-6:30-9:30 Wed 1:30-4:30-10:35 Thu 12:30-3:30-6:30-9:30;3D Fri-Tue 1:30-4:30-7:30-10:30 Wed 12:30-3:30-6:30-9:30 Thu 1:30-4:30-7:30-10:30 Fri-Thu 1-4:10-7:20-10:20; IMAX Fri-Sun 1:30-4:35-7:40-10:40 Mon-Thu 1:20-4:35-7:40-10:40 The Girl on the Train Fri 2-4:30-7:30-10:20 Sat-Sun 1:40-4:30-7:30-10:20 Mon-Thu 6:40-9:30 **The Good Boy** Sun 4:50 **I Am Not Madame Bovary** Fri 12:30-4:35-7:30-10:30 Sat-Sun 12:30-3:30-6:50-9:50 Mon-Thu 6:50-9:50 **Inferno** Fri-Sun 12:40-3:40-6:45-9:40 Mon 10 Tue 7:10-10 Wed 10:30 Thu 7:10-10 **London Road** Fri 1:30-4 Sat 9:50 Mon 1:45-10:15 Tue 4-6:35 Wed 10:20 Thu 7 **Lovesick** Fri 6:45 Sat 7:15 Sun 10:30 Mon 7 Tue 9:15 Wed 4:10 Thu 2-10:10 **Moana** Fri 2:40-5:20-8-10:30 Sat-Sun 12-2:40-5:20-8-10:30 Mon 1:30-4:10-7:10-10:30 Tue 1:30-4:10-8-10:30 Wed 1:20-4-8-10:30 Thu 4:10-8-10:30 Thu 1:30; 3D Fri 1:35-4:20-7:10-10 Sat-Sun 1:20-4:20-7:10-10 Mon-Thu 12:45-3:30-7:10-10 **National Theatre Live: War Horse - Encore** Sat 12:30 Wed 12:30 **The Other Half** Fri-Sun 1:10-4:05-6:40-9:30 Mon-Thu 1:30-4-6:40-9:30 **Rules Don't Apply** Fri 1:30-4:25-7:20-10:30 Sat-Sun 12:50-4-7:20-10:30 Mon-Tue 7:20-10:30 Wed 7:15-10:30 Thu 7:20-10:30 **Sky on Fire** Fri 1:25-3:55-6:20-9:20 Sat-Sun 12:10-3:20-6:20-9:20 Mon-Tue 1:20-4-6:20-9:20 Wed 1:30-4-6:20-9:20 Thu 1:20-4-6:20-9:20 **Trolls** Fri-Sun 4; 3D Fri-Sun 1:35-6:30-9 Mon-Thu 6:30-9 **Uncle Buck** Fri 9:30 Mon 4:30 Tue 1:45 Thu 4:30

MIDTOWN

Yonge-Eglinton Centre
2300 Yonge St., 416-544-1236
Allied Fri-Tue 1:15-4:15-7:15-10:10 Wed 4:15-7:15-10:10 Thu 1:15-4:15-7:15-10:10 Fri 3:45-7:10-10:30 Sat 12:40-3:45-7:15-10:30 Sun 12:40-3:45-7:15-10:25 Mon 3:30-6:45-10:30 Tue 3:45-7:15-10:30 Wed-Thu 3:45-7:15-10:15 Wed 1:15 **Almeida Live: Richard III Encore** Sun 12:30 **Arrival** Fri 2:10-4:55-7:40-10:30 Sat 11:25-2:10-4:55-7:40-10:30 Sun-Thu 2:10-4:55-7:40-10:30 **Bad Santa 2** Fri-Sat 2:20-5-7:35-10:30 Sun 5-7:35-10:30 Mon-Tue 2:20-5-7:35-10:30 Wed 5-7:35-10:30 Thu 2:20-5-10:20 Wed 2:20 **Doctor Strange** Fri-Thu 4:25 Fri-Sun 3:30 Mon 3 Tue-Thu 3:30; 3D Fri-Thu 1:35-7:10-10 Fri 6:45-10 Sat 12:20-6:45-10 Sun 12:20-6:45-9:55 Mon 10 Tue 6:45-10 Wed-Thu 6:45-9:50 **The Edge of Seventeen** Fri 2:40-5:15-7:50-10:20 Sat 12-2:40-5:15-7:50-10:20 Sun 2:20-5:15-7:50-10:20 Mon-Wed 2:40-5:15-7:50-10:20 Thu 1:20-4 **Fantastic Beasts and Where to Find Them** Fri-Thu 4:15 Fri 3 Sat-Mon 3:15 Tue-Thu 3; 3D Fri-Thu 1:15-7:10-10:10 Fri-Thu 7:20-10:25 Fri 6:15-9:30 Sat-Sun 12-6:15-9:30 Mon-Thu 6:15-9:30 **How the Grinch Stole Christmas** Sat 11 **London Road** Thu 7 **Moana** Fri-Thu 1:20-4:05; 3D Fri 2-4:45-7:30-10:15 Sat 11:15-2-4:45-7:30-10:15 Sun-Thu 2-4:45-7:30-10:15 **Office Christmas Party** Thu 7:25-10:15 **Trolls** Fri-Thu 4:30; 3D Fri 1:40-7-9:25 Sat 11-1:40-7-9:25 Sun-Thu 1:40-7-9:25

NORTH YORK

Empress Walk
5095 Yonge St., 416-223-9550
Allied Fri-Sun 12:50-4-7-10:05 Mon-Tue 3:50-6:50-9:50 Wed 3:50-6:40-9:50 Thu 3:50-6:50-9:50 **Almeida Live: Richard III Encore** Sun 12:30 **Arrival** Fri-Sat 1:10-4:30-7:30-10:20 Sun 1:50-4:30-7:30-10:20 Mon-Wed 4:20-7:20-10:10 Thu 4:05-6:40-10:10 **Doctor Strange** Fri-Sun 1:20-4:20 Mon-Thu 4:30; 3D Fri-Sun 7:10-9:50 Mon-Thu 7:30-10:15 **Fantastic Beasts and Where to Find Them** Fri-Sun 3:40 Mon-Thu 3:30; 3D Fri-Sun 12:30-6:50-10 Mon-Thu 6:30-9:35; IMAX Fri-Sun 1-4:10-7:20-10:30 Mon-Thu 4-7-10:05 **London Road** Thu 7 **Loving** Fri-Sun 12:40-3:50-6:40-9:40 Mon-Tue 3:40-6:40-9:40 Wed 3:40 Thu 3:40-9:40 **Moana** Fri-Sun 5 Mon-Tue 4:40 Wed 4:40-6:50-9:40 Thu 4:40; 3D Fri-Sun 1:40-7:50-10:35 Mon-Tue 7:35-10:15 Thu 7:35-10:15 **National Theatre Live: War Horse - Encore** Sat 12:30 **Rules Don't Apply** Fri-Sun 1:30-4:40-7:40-10:35 Mon-Wed 4:10-7:10-10:05 Thu 4:15-7:10-10:05 **Trolls** Fri 1:50-4:50 Sat 12:40-3-5:20 Sun 1:10-4:50; 3D Fri-Sun 8-10:25 **Vanishing Time: A Boy Who Returned** Fri 12:30-3:30-6:30-9:30 Sat-Thu 3:30-6:30-9:30

SilverCity Yorkdale 6
3401 Dufferin St., 416-444-3456
Allied Fri-Thu 1-4-7-10 **Almost Christmas** Fri-Sun 4:10-9:30 Mon-Thu 4:30-9:40 **Arrival** Fri-Sun 12:15-3:30-6:30-9:20 Mon-Thu 1:30-4:10-6:50-9:30 **Bad Santa 2** Fri-Sun 12-2:30-5-7:50-10:20 Mon-Wed 2-4:50-7:40-10:10 Thu 7:40-10:20 **Doctor Strange** Fri-Sun 4:50 Mon-Thu 4:30; 3D Fri 2-7:40-10:30 Sat 11:15-2-7:40-10:30 Sun 2-7:40-10:30 Mon-Thu 1:20-7:10-10:05 **The Edge of Seventeen** Fri-Sun 1:30-6:45 Mon-Thu 1:50-7:10 **Fantastic Beasts and Where to Find Them** Fri 12:30-3:40 Sat 12:45-3:40 Sun 12:30-3:40 Mon-Thu 12:30-3:30; 3D Fri-Sun 1:15-4:20-6:40-7:30-9:50-10:35 Mon-Thu 1:10-4:20-6:40-7:20-9:50-10:20 **How the Grinch Stole Christmas** Sat 11 **Moana** Fri-Thu 6:50-9:45 Fri 12:45-3:50 Sat 12:30-3:50 Sun 12:45-3:50 Mon-Thu 12:40-3:50; 3D Fri 1:45-4:30-7:20-10:10 Sat 11-1:45-4:30-7:20-10:10 Sun 1:45-4:30-7:20-10:10 Mon-Thu 1:40-4:40-7:30-10:15 **Office Christmas Party** Thu 7:40-10:15 **Trolls** Fri-Sun 4:40 Mon-Thu 3:40; 3D Fri 2:15-7:10-9:40 Sat 11:45-2:15-7:10-9:40 Sun 2:15-7:10-9:40 Mon-Wed 12:50-6:30-9:20 Thu 12:50

Silvercity Fairview 1800 Sheppard Ave. 416-644-7746
Arrival Fri 1:20-4:40-7:25-10:30 Sat-Thu 1:50-4:40-7:25-10:30 **Bad Santa 2** Fri 1:20-4:35-7:30-10 Sat-Tue 1:50-4:35-7:30-10 Wed 4:35-7:30-10 Thu 1:50-4:35-7:30-10 Wed 1:30 **Doctor Strange** Fri 4:55 Sat 11-4:55 Sun-Thu 4:55; 3D Fri 1:30-7:40-10:25 Sat-Thu 2-7:40-10:25 **The Edge of Seventeen** Fri 1:15-4:20-7-10 Sat-Wed 1:45-4:20-7-10 Thu 1:45-4:20 **Fantastic Beasts and Where to Find Them** Fri-Thu 4; 3D Fri 1-4:30-7-10 Sat 12:50-1:30-4:30-7-10 Sun-Thu 1:30-4:30-7-10 Fri-Thu 7:30-10:30 **How the Grinch Stole Christmas** Sat 11 **Moana** Fri 1-4 Sat 11-1:40-4:30 Sun-Thu 1:30-4:30; 3D Fri-Thu 7:45-10:30 **Office Christmas Party** Thu 7:15-10 **Rules Don't Apply** Fri 1-4:30-7:30-10:30 Sat 11-1:30-4:30-7:30-10:30 Sun-Tue 1:30-4:30-7:30-10:30 Wed 4:30-7:30-10:30 Thu 1:30-4:30-7:30-10:30 Wed 1:30 **Trolls** Fri 4 Sat 11:20-4:25 Sun-Thu 4:25; 3D Fri 1:15-7-10 Sat-Thu 1:45-7-10

All showtimes run between Friday, Dec. 2 and Thursday, Dec. 8

When Harry met RiRi in Barbados

CELEBRITY

The Prince joins Rihanna in her beloved island nation

Prince Harry joined Rihanna in celebrating 50 years of independence for her native Barbados.

The prince, visiting the sixth of seven nations on a two-week Caribbean tour, and the singer shared the stage Wednesday night with the prime minister during a concert and dance performance marking the date the island broke away from Britain.

Harry read a message from the Queen congratulating Barbados and saying that the island should be "rightfully proud" of a vibrant culture and natural beauty. He spoke before a crowd of about 20,000 people at the Kensington Oval cricket ground.

He also encouraged residents to work together to confront challenges such as climate change and the effects of technology on the job market.

"The solutions to these challenges will not come from anyone else. The answers must come from you," he said. "Good things happen to good people. Believe you can make change, and if you lead by example, others will follow."

Earlier, Rihanna and Harry met at the airport, and then marked World AIDS Day by visiting an HIV clinic in Bridgetown and being tested for the disease. The prince took a public HIV test this summer as part of a campaign to raise public awareness.

"I want to say to everyone who hasn't been tested: Get tested, regardless of who you are, your background, culture or religion," he said while visiting the clinic in the capital of Barbados.

Harry is on a two-week tour of the Caribbean that is also a celebration of the 90th birthday of his grandmother the queen.

He will stop next in Guyana, where he is expected to make a trip to the rainforest, meet with President David Granger and place a wreath at a memorial to that country's independence.

THE ASSOCIATED PRES

Prince Harry watches as Rihanna gets her blood sample taken for a live HIV test in order to promote widespread testing on World AIDS Day, Dec. 1. The Prince also took a test during the visit to Barbados, marking the nation's independence. GETTY IMAGES

RULES DON'T APPLY

Warren Beatty on picking his latest muse, Lily Collins

Richard Crouse
For Metro Canada

To hear Hollywood legend Warren Beatty tell it, casting Lily Collins as the lead of his latest film happened in a blink.

The movie is Rules Don't Apply, a nostalgic look at an aspiring actress, her limo driver boyfriend and Howard Hughes, the eccentric billionaire they both work for. There were no formal auditions for the film, just Beatty's gut instinct and "the blink."

"I believe very much in what I call 'the blink,'" says Beatty. "That is the superiority of the unconscious knowledge as compared to conscious knowledge. The knowledge that when we sit and we really give it some thought, the thought we feel it is due. That thought can be misleading when we could have trusted our initial instinct, the blink. I think the unconscious has a lot more intelligence in it than the conscious.

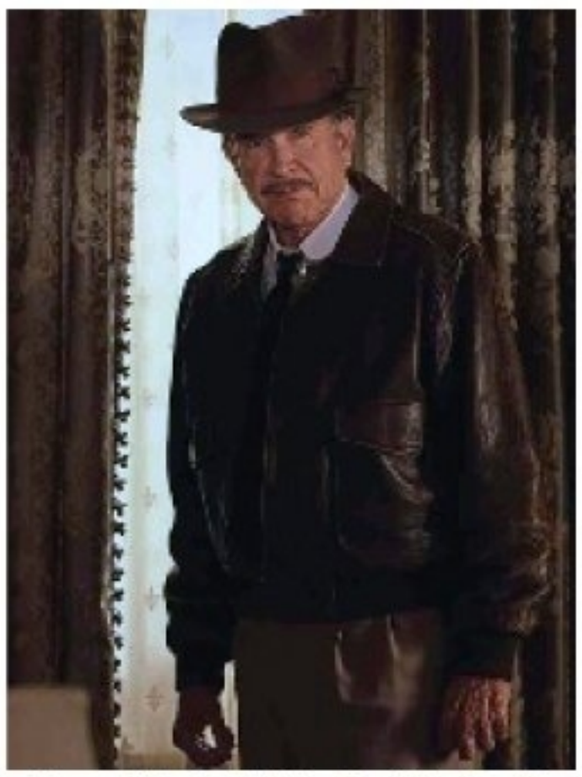
"It was a blink with Lily. I can only say I loved the way she looked. I loved the way she sounded. I loved the way she talked. There was an integrity about her I felt I could believe in this circumstance and at the same time she looked like someone to me who Hollywood would want to exploit."

Collins plays Marla Mabrey, wannabe movie star and "devout Baptist beauty queen from Virginia." On the surface the 27-year-old doesn't have a great deal in common with her on-screen character, but the actress says she understood Marla immediately.

"I could relate to it," she says. "Starting out acting in Hollywood, very wide eyed, innocent, naïve. Wanting to please everyone. Having my mom there with me. Marla was very adamant and passionate, determined and steadfast. All these things I think I was when I started."

The actress, who has three movies lined up for next year including Okja with Jake Gyllenhaal and To the Bone with Keanu Reeves, calls working with Beatty a master class in acting. She even kept a journal on set. "I have all these tidbits of information. Things I witnessed that I can now draw on. I would have been a fool not to."

In particular Beatty taught the star how to think differently about breaking down a script.



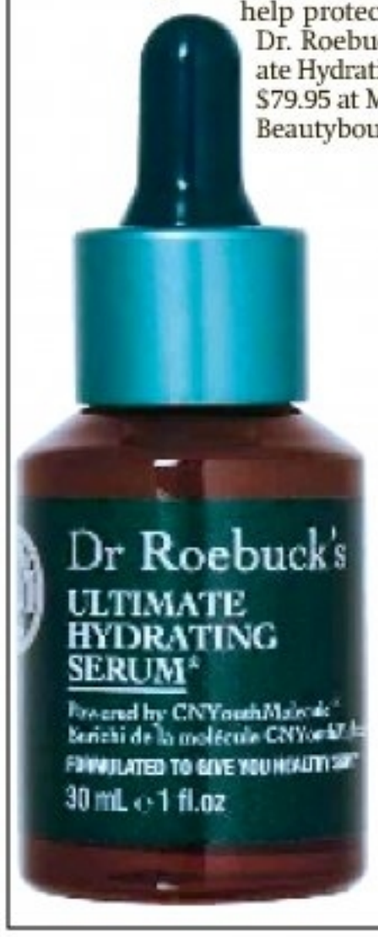
Hollywood legend Warren Beatty plays billionaire Howard Hughes in Rules Don't Apply, a film he directed. He says casting Lily Collins in a leading role came from his gut instinct. CONTRIBUTED

"Whenever we would do a scene he kept saying, 'What are you doing? What is your action? What is your intention?' At the beginning I read the script as someone who had never broken it down in the way he had, and I'd be like, 'Right now she's really emotional. She's sad. She misses her mom.' He'd say, 'Show me what that looks like.' I can't because that is an adjective. 'OK, put it into words. Put it into a verb.' As soon as I started breaking down a scene based on verbs, it didn't matter if I cried when it said 'Marla cries," because as long as my intention was the same as what her intention was, whatever naturally occurred, occurred. Nothing was fake. Nothing was put on. I think audiences are smart, they can tell. If something seems fake or put on they will not associate with it.

"I soaked in everything," she says. "Even when I was tired, I subconsciously soaked in everything because I thought, 'It's a joy and an honour to be in this situation.' He could have just picked someone else so I need to take in everything I can."

Gifts to get his groom on

The Outdoorsman: Serums are the powerhouses of skin care; if he spends time in icy air and wind, a super-hydrating, antioxidant-rich fluid will help protect his skin. Dr. Roebucks Ultimate Hydrating Serum, $79.95 at Murale, and Beautyboutique.ca.



The DIY Dude: Known for its rechargeable rotary haircutting tool with self-sharpening stainless-steel blades and five hair-length settings, the Conair for Men Even Cut maintains his 'do sans vacuum-cleaner hose (remember the Flowbee?). From $69.96 at Walmart and Rexall Pharma Plus.

The Morning Man: Cold, grey mornings are a little brighter if they start with an invigorating routine. Love the wake-up power of the made-in-Canada LUSH Salt and Peppermint Bark Body Scrub bar. $9.95 at Lush.ca.

The Go-Getter: Near-miraculous Dermarche Labs Roloxin Lift Instant Wrinkle Smoothing Masks erase signs of fatigue, tighten and brighten skin in less than 10 minutes — and the effects last all day. Also stellar for The Traveller, and for Her. $59 box of five at Sephora.com.

The Throwback: If he likes a traditional shaving ritual, from Canada's Leaves of Trees he'll love the French White Clay Shaving Soap for its easy-glide texture and eaucalyptus-oil antiseptic benefits. $35, including wooden tray, at Leavesoftrees.com.

The Health Nut: The unisex Saje 12 Days of Wellness Advent Calendar is a trove of must-haves, such as Immune Remedy, Eater's Digest Remedy, Peppermint Halo headache remedy, and grey-day remedy Liquid Sunshine diffuser oil. $89.95 at Saje.com.

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Prezzies set to beautify

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Janine Falcon

The Best Tressed: The new Dyson Supersonic Hair Dryer is a triple-threat of form, function and futuristic cool — and it's the hottest hair-styling gift of the season. $499.99 at Thebay.com.

The Busy Bee: No need for time-consuming, medi-spa laser-treatment appointments. The Tria Beauty Age-Defying Eye-Wrinkle Correcting Laser really reduces fine lines and wrinkles with just two minutes daily for eight weeks. He can use it too. $285 at Triabeauty.ca.

The Minimalist: She might not fuss with much makeup, but healthy, comfortable, smooth and soft lips are always important. Set her up for success with a gentle scrub, serum, therapeutic lip balm and tinted balm too. Fresh Sugar Lip Entourage 5-piece set, $58, Sephora.com.

The Organizer: Art Deco, Clarins, The Body Shop, NYX, TheFaceShop, Lush – 'tis the year of must-have beauty advent calendars – tidy compartments of daily surprises. Art Deco, $86 (value $224), Shoppers Drug Mart; The Body Shop Ultimate, $169 (value $305), The Body Shop.

The Sophisticate: Skin care goes high-textile with Canada's Nannette de Gaspé Restorative Techstile Masques, beautiful and re-usable waterless fabric masks infused with softening ingredients. Masks for Hands, $100 at Holt Renfrew.

The Skin Care Addict: Taking a leaf from its celebrity skin-smoothing favourite P50 toner, Biologique Recherche's P50 Body banishes rough patches, evens tone and moisturizes, too. From $108 at kolortwist.com and one2oneonline.com.

**Product prices subject to change at retailer's discretion*

1 Dyson Supersonic Hair dryer
2 Biologique Recherche's P50 Body
3 Nannette de Gaspé Restorative Techstile Masques
4 Fresh Sugar Lip Entourage 5-piece set
5 Tria Beauty Age-Defying Eye-Wrinkle Correcting Laser
6 Beauty advent calendars

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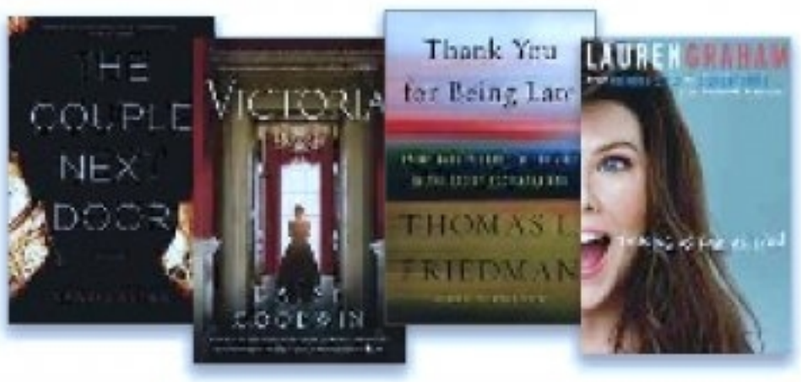

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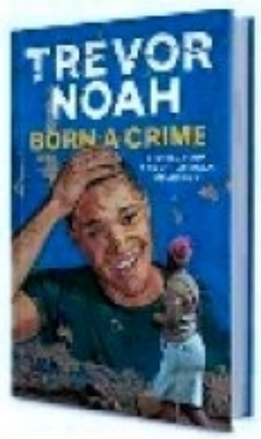

The host of The Daily Show's touching and hilarious look at growing up in Apartheid South Africa.

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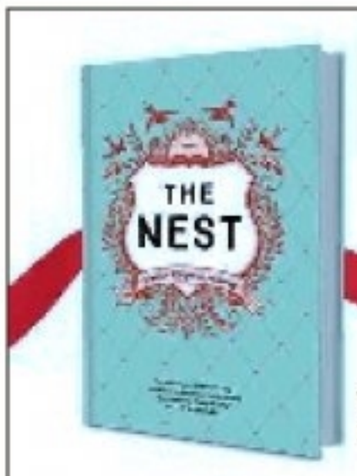

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Checking off the virtual shopping list

ON THE WEB

Online shopping is making us choosier gift givers

Vicky Sanderson

Maybe it's because you can buy just about anything online now — including a bed in a box — but Canada Post says 76 per cent of Canadians will shop online this year, up from 51 per cent in 2010.

Gift buying will most certainly be a factor in that jump, says Camille Kowalewski, head of communications for eBay Canada.

EBay alone, notes Kowalewski, is home to some one billion products. So there's no excuse, she insists, for not coming up with the perfect gift, and for not doing so without necessarily throwing about loads of cash.

"The trend is towards giving a gift that's more thoughtful rather than convenient or expensive," she said.

That might mean buying a sibling a nostalgic toy, such as a set of Gumby figures (about $35 on eBay), and also easily found at one of the other online shopping giants, such as Amazon.

Thoughtful gifting will increasingly mean an "experience," says Cameron Papp, communications manager for StubHub, a global, virtual marketplace that connects buyers with tickets to concerts, sporting and special events.

His market research suggests 75 per cent of people would prefer an experience over something tangible, and 30 per cent would take a concert over a gift certificate to their favourite store. That number jumps to 75 per cent for people aged 18 to 25.

Demand for live music is on the rise, says Papp. In 2017, that could include concerts by such artists as The Weeknd or the Red Hot Chili Peppers.

Customization is popular among home decor and design gifts, says Erin Green, managing director of Etsy Canada, who suggests a gift with "a monogram or a mug with a custom illustration or initial that says it's just for that person." Other home decor on the site includes pretty agate coasters and one-of-a-kind magazine racks.

In a win-win shopping situation, Aeroplan members can gain travel miles as they shop with popular participating retailers. Some offer card holders special deals and promotions that earn them even more miles.

Home-related products, such as Dyson vacuum cleaners, sell well, says Francine Sternthal, director of product development at Aeroplan, as does Sonos, a wireless music system that lets you play any song stored in iTunes, Internet radio stations, and online services like Pandora, Spotify, Rdio, and Google Play, anywhere in the house.

Gifts that last the whole year through are now a thing, says Aubrey Podolsky, director of strategy for brand design company Pigeon, pointing to True North Delivery Co., which will send what is essentially a box of Canadian junk food just about anywhere in the world.

"Because it's monthly, they know you are thinking of them all year, which makes it even more special," Podolsky said.

If a delivery from a wine club is more to your pal's taste, consider a service such as the Calgary-based Wine Collective where $80 buys a gift set of two bottles sent across Canada, while sending four bottles a month for a year is around $1,030. (There are many price points in between.)

Many independent bricks retailers now do business online, including the Montreal-based VdeV Maison, which sells "vintage and industrial style" home decor and furniture and Au Lit Fine Linens, purveyors of beautiful bed linens. For affordable pillows (about $60) and quirky vintage posters ($18 each), check out Vancouver-based Cartolina.

There's also a plethora of do good/feel good online shopping options. Gifting, for example, a set of Capiz Shell Coasters ($75) to someone supports the work of World Vision, while bolstering the economic independence of the Filipino artisans who make them.

A fair-trade basket from Ten Thousand Villages is practical, handsome and, with many less than $20, also affordable.

ONLINE PRO

Online shopping may be fast, convenient and satisfying. It's still shopping, says eBay's Camille Kowalewski. So "you ask all the same questions you'd ask about a store you walk into," including, info on delivery and return, shipping costs and exchange rates.

Just because it's online doesn't mean you can leave all shopping to the last minute. The closer it gets to the date you want the present to drop, the shorter the distance between seller and recipient should be. Use geographic filters to help. You can also shop local; for example, on eBay Australia, for friends down under.

CLOCKWISE, FROM TOP LEFT: GIRAFFE COASTER, WORLDVISION.CA; DANI BARBE AGATE COASTERS ETSY.CA; DYSON VACUUM, AEROPLAN.COM/ESTORE; SONOS MUSIC SYSTEM, AEROPLAN.COM/ESTORE; LISA TERRY COPPER VINYL RACK AEROPLAN.COM/ESTORE; TEN THOUSAND VILLAGES BASKET, TENTHOUSANDVILLAGES.CA.

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Based on geotag data, Niagara Falls is the most Instagrammed location in Canada for 2016

5 THINGS TO DO IN TREMBLANT (BESIDES SKIING)

Along with premiere views and food, Mont-Tremblant offers you a variety of outdoor adventures, and ways to kick-back. From relaxing in a beer garden to hitting the water circuits, it's a natural paradise in any season. Here are five things to do: **LAUREN MILLER/FOR TORSTAR NEWS SERVICE**

1 Ride the luge

You can experience the rush that comes from hurtling down the side of a mountain at top speed, even when there's no snow, if you ride the Skyline Luge at Mont-Tremblant. While the ride may seem geared to kids, no one can resist cracking a smile while navigating the twisting course in a luge cart. Helmets, carts and patient and informative staff are on hand.

2 Enjoy a local brew

Head to the outdoor patio at the Microbrasserie La Diable at Mont-Tremblant, where you can admire the view of the old Tremblant village. This casual, timber-roofed brewery has hints of German inspiration in its décor, and it serves 100 per cent natural craft beer. It's also the first microbrewery ever opened in the Laurentians.

3 Hit the village shops

Take some time to enjoy the charm of the village and peruse some of the many quaint shops that line the cobbled streets. You'll find big-box favourites, such as Burton and David's Tea, as well as small galleries full of local art and handmade gifts. You should also probably treat yourself to an authentic BeaverTails pastry.

4 Detoxify

Head to the Scandinave Spa, where you'll be able to detoxify and relax in a circuit of outdoor saltwater hot tubs, eucalyptus steam rooms and hammocks strung between evergreens. Combine the circuits with a Swedish massage for even more calming bliss. It's a busy spot, so book your visit ahead of time.

5 Cruise Lac Tremblant

Enjoy the views of the mountain from below and above, with a boat rental. You can sail around the 12-kilometre long lake on a pontoon, tin or inflatable boat, and take in the incredible views of the surrounding rolling hills and gorgeous cottages. The lake is also home to a number of small islands.

Follow presidents to Palm Beach

FLORIDA

Area a golf favourite for both Kennedy and Trump

Brian Kendall
For Metro Canada

Located in the heart of Old Palm Beach, every golfer should head to The Breakers — whether they're a president or not. HANDOUT

Following the January inauguration of Donald Trump, glamorous Palm Beach will once again become the preferred wintertime retreat of a golf-loving United States president.

John F. Kennedy could often be seen teeing it up on the Ocean Course at The Breakers, the towering Italian Renaissance-inspired luxury hotel that has been the focus of Palm Beach society for more than a century.

During his presidency, the Spanish-style Kennedy family compound at 1095 N. Ocean Blvd. served as the unofficial Winter White House.

Trump enjoys even fancier digs. In 1985, he purchased Marjorie Merriweather Post's fabulous Mar-a-Lago estate and turned it into a members-only club. The president-elect, a low-handicap golfer who owns or operates 17 golf clubs around the world, plays his rounds at nearby Trump International Golf Club.

Old Palm Beach is the historic heart of Palm Beach County, stretching from Jupiter in the north to Boca Raton in the south.

The county, the largest south-east of the Mississippi River, is home to more than 165 courses, including several of the top resort tracks in the South.

Sharing the same address as the PGA of America in the upscale enclave of West Palm Beach, about 20 minutes north of Palm Beach, is PGA National Resort and Spa, the scene of numerous past championships, including the 1983 Ryder Cup and the 1987 PGA Championship.

The headliner of the resort's five courses is the Champion Course, a superb Jack Nicklaus design that will host the PGA Tour's annual Honda Classic, Feb. 23 to 26.

> "Every visitor should spend at least a few hours in Old Palm Beach, marvelling at the Mediterranean-style waterfront mansions along Billionaire's Row.

PGA National's major rival among Palm Beach County's golf resorts is Boca Raton Resort and Club, a Spanish-Moorish beachfront palace designed in the 1920s by visionary architect Addison Mizner, famous as the creator of the Palm Beach Style. The property's original William Flynn-designed layout, the Resort Course, is sneakily difficult, with rapid elevation changes and numerous water features. A far stiffer test is the Country Club Course, a Joe Lee design located a short drive from the resort.

Mizner's imprint is seen everywhere in Palm Beach County, but especially in Old Palm Beach where he designed opulent waterfront mansions for the Rockefellers, Du Ponts, Vanderbilts and other American royalty.

He took his inspiration from the medieval buildings of the Mediterranean, flamboyantly including courtyards and arcades in his designs to let his clients better enjoy the balmy Florida weather.

Every visitor should spend at least a few hours in Old Palm Beach, marvelling at the Mediterranean-style waterfront mansions along Billionaire's Row and exploring the chic boutiques that line Worth Avenue and its gracefully colonnaded corridors — Via Mizner, Via Prigi, Via Roma.

Equally essential for golfers is a tee off on the Ocean Course at The Breakers in the heart of Old Palm Beach.

Reputed to be Florida's first 18-hole layout when it opened in 1897, the Ocean Course sparked the game's rapid growth throughout Palm Beach County, a winter tourist destination still justly touted as "Florida's Golf Capital."

For more travel golf stories, visit Brian's website at canadiangolftraveller.com

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metro SPORTS

Last year's Columbus Crew are the only hosts to lose the MLS Cup in the four seasons since home-field advantage was introduced to the final

Reasons to believe

After Wednesday's rousing 5-2 win over Montreal, Toronto FC will host the one-and-done MLS Cup final Dec. 10 against the Western Conference champion Seattle Sounders. Here are some of the reasons the Reds' prospects look positive after making it through a topsy-turvy post-season.

1 The beast

Striker **Jozy Altidore** was man of the match Wednesday, as he hit his best form of an already-successful season. He's the first in MLS history to score in five straight playoff games in a single season. His work off the ball is equally important. Altidore's burly presence and strength on set plays, an area Seattle struggled with during its Western Conference final against the Colorado Rapids, could yet prove to be key.

2 The subs

Coach Greg Vanney used his bench especially wisely against Montreal. In the first leg at Olympic Stadium, he brought on Will Johnson and Tosaint Ricketts to give the Reds much-needed grit to pull back two away goals. On Wednesday, Ricketts and fellow sub **Benoit Cheyrou** provided Toronto's extra-time goals. Having a Plan B off the bench is a must in a one-and-done game like next Saturday's final.

3 The rally

Defender **Drew Moor** said after Wednesday's game if he and his teammates can get through the Montreal series, they can get through anything. He's probably right. There aren't many things more difficult than clawing back after going behind on three occasions. Vanney lauded his players for coming back from 3-0 down in Montreal to finish the game 3-2. But the real test was finding the character to fulfill the comeback at home.

4 The pitch

BMO Field head groundskeeper **Robert Heggie** and GM Peter Church said in the lead-up to the game they didn't want the pitch to dominate headlines. But a playable surface is key, especially in the winter months. Just three days after BMO Field hosted the Grey Cup, Heggie had the field in near-perfect condition and it held up despite the rain. He believes the grass will be in even better condition come Dec. 10.

5 The moment

The MLS Cup winner will be decided in one game. No away goals hanging over Toronto FC's head, no aggregate score lines to frantically calculate as a team goes up or down a goal. At the end of 90 minutes or 120-plus minutes, if extra time and penalties are needed, someone will be lifting the Cup. On Wednesday, TFC and its **supporters** showed they can thrive in big moments. At home against a team with five fewer points in the regular season, the Reds have to be considered favourites. TORSTAR NEWS SERVICE

BUILDING A WINNER

TFC no longer a tough sell

Bill Manning remembers having to sell defender Drew Moor on Toronto FC while trying to recruit him as a free agent last winter.

Manning, who joined Toronto as president in October 2015, knew where Moor was coming from. He had watched the ups and many downs of TFC during eight seasons as president of Real Salt Lake.

"I'll tell you TFC had a bad reputation with players for many, many years," Manning said. "Guys didn't want to come here."

With help from Moor and many others, TFC is delivering on Manning's winning vision.

On Wednesday, Toronto dispatched the Montreal Impact 5-2 on the night and 7-5 on aggregate to complete a memorable Eastern Conference final.

One win from the MLS championship, Toronto is now a very desirable soccer landing pad.

"Nights like this is what I was hoping for when I visited here almost a year ago," said Moor. "I couldn't be more proud to be a part of what we're doing this season.

"We'll enjoy this tonight but we've got bigger fish to fry as well." THE CANADIAN PRESS

1.4M

Wednesday's average TV audience was 1.4 million according to TSN. Sunday's Grey Cup drew an average of 3.9 million viewers.

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Kadri finds niche as pest

Bruce Arthur

Maybe this is where Nazem Kadri did the throat slash? No, wait, that was Calgary, last year. Maybe this is where Kadri was so annoying and physical that a local morning radio host wrote on Twitter, typo and all, "Time to run Kadri. Don't care who does t'"? No, that was Edmonton, earlier this week.

If it's Vancouver, it's actually one place where people can legitimately say Nazem Kadri did something that was right on the edge of dirty, injure-a-player dirty, with a borderline-at-best hit on Daniel Sedin back on Nov. 5 in Toronto.

Most of the time, Kadri is far more sandpaper than hammer, and those kind of hits should vanish from the repertoire. But wherever he goes in the NHL, Nazem Kadri doesn't have a lot of extra friends, and doesn't try to make any more.

"I just care about this organization, the guys in this room," says Kadri. "Opposing teams and players and fans isn't really a top priority for me."

Very diplomatic. Kadri has long rubbed people the wrong way: coaches, team officials, opponents, coaches, opposing fans, coaches. Even the coaches he drove nuts liked him, for the most part, even as they would devise punishments to correct his behaviour.

"We like Nazem Kadri, his teammates like him," said Leafs president Brendan Shanahan last year when the team suspended Kadri for two games for unspecified violations of team policy. "We expect a certain level of professionalism. It's time for him to start making better decisions. There's a history here. And there comes a point in the careers of many hockey players (in) similar situations. But there comes a point where you've got to grow up."

Quietly, the organization is very pleased with Kadri's strides, on and off the ice. They feel that as a player, he's found a role he can really play. The 26-year-old only gets 15:43 per game but has been fed tough minutes all season, star after star, and asked to be a productive pain in the ass. Kadri's performance against Connor McDavid, the first time the two teams met, was one of the finest of Kadri's career, even before he won the wrestling-on-a-tightrope battle for the puck that became the winning goal. He pushed and chirped and checked and tried to mess with the 19-year-old star, and he did it partly because he knows what it's like to be considered — at least in your own mind — a 19-year-old star.

"I don't know any of those skillful players that like being bumped or the opposing team being physical on them," says Kadri. "As a skill player, when you don't get time and space to make plays, and the puck's bouncing, and every time you look up someone's on top of you, I mean, that becomes very frustrating."

> **I want to measure myself up against the best players.**
> Nazem Kadri

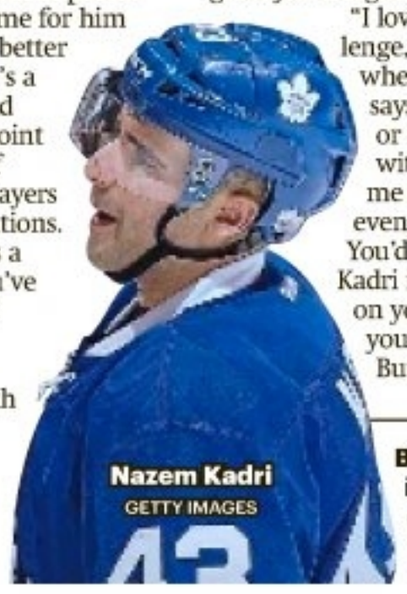
This week in Edmonton, Kadri took a cleanish run at Adam Larsson (though he left his skates right after impact), and wrestled with McDavid. Oh, and he scored, and stands tied with Auston Matthews and James van Riemsdyk for the team lead in goals with 10.

For a guy who believed he had as much talent as John Tavares, maybe it's good for him. Kadri's focus has wavered over the years, even as his self-regard didn't. Now he has to prove it, every night.

"I love it," says Kadri after the Edmonton game. "I love playing against the best players, I think it really brings the best out of me, but I mean, collectively, I think we did a great job tonight.

"I love that challenge, especially when someone says I can't do it, or I'll struggle with it; it makes me want to do it even more."

You'd hate Nazem Kadri if he weren't on your team, and you'd be right to. But he is.



Nazem Kadri
GETTY IMAGES

Bruce Arthur is a sports columnist with the Toronto Star

IN BRIEF

Tiger quickly fades in his return to golf

Not only did Tiger Woods return to golf Thursday, he returned to being Tiger. Just not for long.

Hardly looking like a player who had not competed in 15 months, Woods ran off three straight birdies with a variety of shots and was tied for the lead in the Hero World Challenge as he approached the turn. Three shots in the bushes, one shot in the water and a few fits of anger sent him toward the bottom of the pack, however, as he shot 40 on the back nine at Albany Golf Club in Nassau, Bahamas, and had to settle for a 1-over 73.

He was nine shots behind J.B. Holmes, who opened with an 8-under 64. THE ASSOCIATED PRESS

Steelers' Dupree fit to debut

Pittsburgh Steelers linebacker Bud Dupree heads into Sunday's game against the New York Giants without any limitations, ending a patience-testing stretch in which the 2015 first-round pick missed training camp then underwent sports hernia surgery before beginning the arduous process of getting back into shape. THE ASSOCIATED PRESS

LeBron to honour lost bet

LeBron James will be Mr. Cub for a little while.

To pay off a bet on the World Series he lost to close friend Dwyane Wade, James will wear a Cubs cap, jersey, pants and socks to Friday's game in Chicago before the Cavaliers play the Bulls.

"It's a bet," James said. "You have to fulfil your bet. Nothing more to it." THE ASSOCIATED PRESS

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‘Medicine game’ comes to Standing Rock

Lyle Thompson at the Standing Rock Indian Reserve. AMANDA THOMPSON/THE CANADIAN PRESS HANDOUT

LACROSSE

Florida star Thompson brings his sport to pipe protest

Last week, Lyle Thompson packed up his family, a couple of friends and dozens of lacrosse sticks and drove more than 24 hours from his home in upstate New York to the site of the Dakota Access pipeline protests.

The lacrosse star wanted to see the demonstrations for himself, and he hoped he could lift spirits at the protesters’ campsite through his sport, known by the Iroquois as the “medicine game.”

He also brought his wife Amanda, their three daughters, fellow pro player Bill O’Brien and University of Albany head coach Scott Marr to the Standing Rock Indian Reservation near the border between North and South Dakota. The plan was to organize a lacrosse game.

“All I’m trying to do is spread awareness and help other people, help other people in this world,” Thompson said Tuesday from Syracuse, N.Y., near Onondaga Nation, where he grew up. “For this case, it’s the people in North Dakota. It’s been people fighting for other people, the people of this world, everything living. I know what I stand up for, I know what I represent, I know what I care about.”

Lyle Thompson with Florida Launch ROB FOLDY/GETTY IMAGES

The protests over the construction of Energy Transfer Partners’ Dakota Access pipeline began in the spring. The proposed pipeline would run from the oil fields in western North Dakota to southern Illinois, crossing beneath the Missouri and Mississippi rivers, as well as part of Lake Oahe near the Standing Rock Indian Reservation. Protesters want to stop the completion of the 1,886-kilometre pipeline because of the potential effects on drinking water on the reserve and farther downstream on the Missouri River, as well as the possible destruction of cultural artifacts, including burial sites.

The Standing Rock Sioux also claim that the land near the confluence of the Missouri and Cannonball rivers is owned by them under a nearly 150-year-old treaty. Thompson, 24, arrived Nov. 22, less than a day after violence erupted between protesters and security officers.

Protesters say police officers used fire hoses, tear gas and rubber bullets, while authorities say they were assaulted with rocks and burning logs.

Tensions were still running high after Morton County Sheriff Kyle Kirchmeier said authorities would use the fire hoses again if necessary. Human rights organization Amnesty International had denounced officers’ use of water when temperatures were below freezing.

After addressing the protesters at the community bonfire, Thompson walked around the campsite to personally spread word of a lacrosse game he was organizing. Despite the violence less than 24 hours earlier, he was struck by the generosity of the demonstrators.

More than 16 people, including Caucasian, African American and First Nations players, joined Thompson, O’Brien and Marr on a field that had wooden posts as goals.

THE CANADIAN PRESS WITH FILES FROM THE ASSOCIATED PRESS

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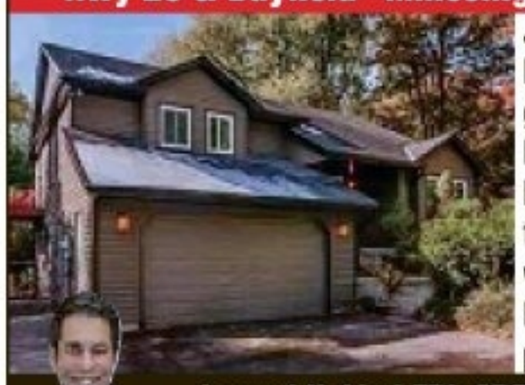

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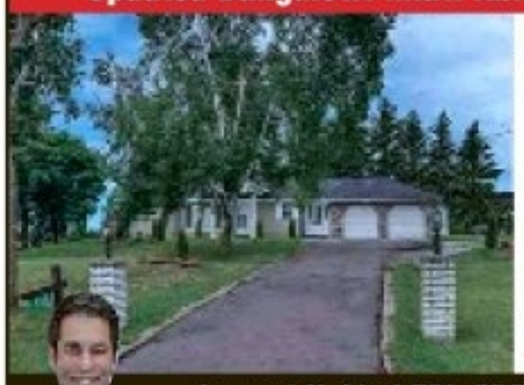

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- 4 slices of wholegrain bread
- 2 Tbsp butter, softened
- 4 eggs
- Salt and pepper to taste

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1. Heat the oven to 375 F.

2. Trim the crusts off of your bread. Use a rolling pin to flatten them and butter both sides of each piece. Press each thin slice into a muffin tin.

3. Bake in the oven for 10 minutes, or until the bread is golden brown. Remove from oven. You can place the muffin tin on a cookie sheet — it will make getting finished eggs out of the oven easier. Now crack an egg into each nest and sprinkle with salt and pepper.

4. Place it back into the oven for about 20 minutes, you want the yolks and whites to set but not get too hard. Remove from the oven and use a butter knife to pry egg bakes out of the muffin tin. Serve with a side salad.

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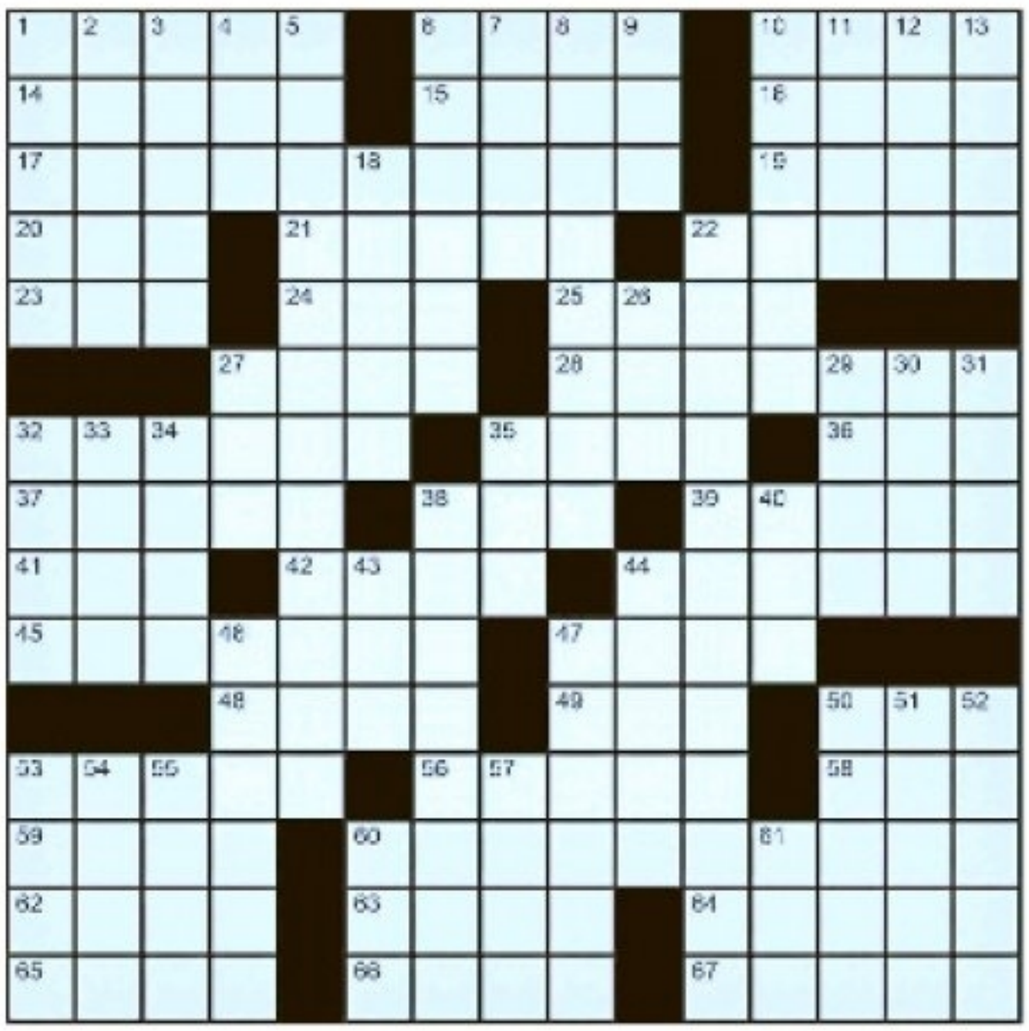
BY KELLY ANN BUCHANAN



ACROSS
1. Like a roast's glaze
6. "_ la Douce" (1963)
10. Twirl
14. Tenor role in 1892 opera Pagliacci
15. Fine
16. Moreover
17. Denizens of Vancouver Island's largest city
19. Mouselike critter
20. Once __ lifetime
21. "Jeez! I have no idea."
22. Alps song
23. Apple devices platform
24. Rapper, _ Kim
25. Montreal 'cabbage'
27. Ms. Suvari
28. Pilgrimage town in France for Saint Bernadette
32. Careless
35. Feline's utterance
36. Jan's portrayer on "The Brady Bunch"
37. "You've got _ _." ...pointed out the plumber
38. Angry
39. Baby barn bird
41. Final [abbr.]
42. "Stanley & _" (1990)
44. Sanctify
45. Statue of Liberty poet Emma
47. Musician Mr. Puente
48. "Watch your _!"
49. "_ about time." (Finally)
50. Emulate Donald Sutherland
53. Painter Mr. Chagall's
56. _ Corporal (Marines rank)
58. Val-_-_, Quebec
59. Languish
60. Big boulevard in The South Shore of Montreal sharing the surname of Quebec's Premier from 1920 to 1936
62. Prayer's last word
63. Authentic
64. Sir Paul McCartney's second wife Heather
65. Hoover Dam lake
66. TV actress Susan, and surnamesakes
67. Spew

DOWN
1. Cato's 207
2. Chilliwack's wet-day tune
3. Past persons of Peru
4. Meet
5. Retro 1950s garbs: 2 wds.
6. Edmonton-born hockey great Jarome
7. Horse coat style
8. Batman: Accessorized like The Penguin
9. Classified listings, e.g.
10. Enjoy the delicious taste
11. Trudge
12. Archipelago part
13. Sir Coward
18. Archaeological attractions
22. Anne Murray's version of it was said to be John Lennon's favourite cover of a Beatles song ever: 4 wds.
26. Owl's sound
27. Ms. Farrow
29. Salami shop
30. Air Supply's "_ the Nights Are Better"
31. Cobblestone
32. "The Addams Family" (1991) star Mr. Julia
33. "_ Enchanted" (2004)
34. Toronto-based "Pure Auto" band
35. Humanities degs.
38. Can't remember where you put something
40. "Face/Off" (1997) director John
43. Sara of "Less Than Perfect"
44. G's spelled-out follower
46. Rise
47. Touches of colour
50. "Skyfall" songstress
51. Rake over the _
52. TD Canada _
53. Gentlewoman
54. Wile E. Coyote's supplier
55. Carla's portrayer on "Cheers"
57. Greyish
60. Sitcom co-star to #55-Down
61. 18-wheeler

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Use the next two months to make plans for your direction in life, especially your career. This will be a good time to talk to bosses and employers about advancing your job.

Taurus April 21 - May 21
Any kind of study or further interest in education will flow smoothly for you during the next two months. You want to learn, and you also want to travel. Bon voyage!

Gemini May 22 - June 21
The next two months are an excellent time to discuss financial negotiations and matters related to inheritances, insurance issues, taxes, debt and shared property. (It's a very favorable time for these activities.)

Cancer June 22 - July 23
The planet Mercury will oppose your sign for the next two months, giving you an excellent chance to explain your situation to someone close to you.

Leo July 24 - Aug. 23
The next two months are excellent for any kind of mental work, because you will be more attentive to detail than usual. You won't mind doing routine work that you might usually avoid.

Virgo Aug. 24 - Sept. 23
Games and mental activities will appeal to you during the next two months, because your mind will be in a playful mood. Enjoy amusing diversions like puzzles.

Libra Sept. 24 - Oct. 23
Family discussions and home repairs will be your strong focus in the next two months. Memories of your youth and times from the past will resurface.

Scorpio Oct. 24 - Nov. 22
Expect a busy two months ahead! Intellectual activities, short trips and conversations with everyone will keep you on the go! Yada, yada, yada.

Sagittarius Nov. 23 - Dec. 21
Trust your moneymaking ideas, especially in the next two months, because you will bring mental energy to anything related to your earnings and cash flow. Financial discussions will take place.

Capricorn Dec. 22 - Jan. 20
The planet Mercury moves into your sign today, where it will stay until early February of next year. This will make you talkative!

Aquarius Jan. 21 - Feb. 19
Your ability to do research and find answers will be excellent during the next few months. Start digging!

Pisces
Feb. 20 - March 20
Expect increased involvement with friends and groups in the next few months, especially with friends from your past. (It's good to have history with others.)

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	1	5				6	7	
4			8		6			9
3			9					5
7			4					3
	6	3				7	9	
5			7					2
8			6					1
6			3		8			7
	2	9				8	3	

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YESTERDAY'S ANSWERS

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9	5	2	4	7	1	3	6	8
1	6	7	5	3	8	9	4	2
4	8	3	2	6	9	1	7	5
7	1	6	8	5	4	2	3	9
5	4	8	3	9	2	6	1	7
3	2	9	7	1	6	5	8	4
8	9	4	6	2	3	7	5	1
2	3	5	1	4	7	8	9	6
6	7	1	9	8	5	4	2	3

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